



Spokane Regional Mental Health Court
Participant Handbook

Your Name: _____

To contact a representative of the SRMHC, contact 509-477-2230.

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WELCOME!

Dear Participant,

Welcome to the Spokane Regional Mental Health Court (SRMHC). You are about to enter a program that is intended to benefit you and your future. As you progress through the program, you will be given the tools to help you be successful. This handbook is designed to answer questions, address concerns and provide overall information about the program. As a participant, you will be expected to follow the instructions given by the Judge and comply with the recommended treatment plan. This handbook will provide a general description of what is expected of you.

Sincerely,

The Spokane Regional Mental Health Court Team

I. PROGRAM INFORMATION

A. INTRODUCTION

Welcome to the **Spokane Regional Mental Health Court (SRMHC) Program!** This handbook is written to answer your questions and provide overall information about the SRMHC Program. Please refer to this handbook during your time in the SRMHC. This handbook is intended to serve as a useful guide.

What is the Spokane Regional Mental Health Court Program?

SRMHC is a Therapeutic Court. Instead of a traditional sentence and probation, you will enter a supervised, structured, treatment-based program designed to help you learn how to manage your mental health diagnosis as well as any substance abuse issues. You may also learn other essential life skills in order to live a healthy life. As a participant of this program, you are expected to attend all treatment sessions and counseling. You are also required to attend SRMHC hearings with other program participants. Compliance is monitored by SRMHC Team through regular appointments with your probation officer and required drug and alcohol testing. Participants in the SRMHC program will either enter an Stipulated Order of Continuance (SOC) or enter a guilty plea. Upon successful completion of SRMHC, those participants with an SOC will have their charges dismissed. The participants who have entered a plea can have the term of probation reduced or ended upon successful completion of the program. Most importantly, graduating participants gain the necessary tools to achieve long-term stability and live a healthy lifestyle.

SRMHC is designed to have both intense accountability and encouragement by a team made up of a Judge, prosecutor, defense attorney, court coordinator, probation officers and case managers who specifically work with the SRMHC participants. The team works collaboratively to monitor, supervise and guide each participant. Based on your participation, we may be able to provide assistance with stable, substance-free housing, education, employment, transportation, and mental health concerns—you will not be alone in your recovery efforts.

To successfully complete the program participants must work their way through the five program phases. The program phases are designed to slowly increase coping skills and healthy

choices by first focusing on treatment, then life skills, emotional needs and finally long-term goals.

How does the SRMHC work?

SRMHC participants remain in the program for a minimum of **12 months** and must complete program requirements within 24 months (exceptions may occur). There are five phases that must be completed. If you successfully complete these phases, you will graduate from the SRMHC program. Depending on the track that you are on, when you graduate, the criminal charges that brought you to the SRMHC will be dismissed or your probation term reduced. More importantly, you will gain the necessary tools to rebuild your life. However, if you consistently do not work toward treatment and phase goals, you may be terminated from the program.

What happens once I am in the SRMHC Program?

You will regularly meet with your probation officer to develop goals and to ensure you are on track in the phase structure. The goal plans are designed to improve your functioning in the critical areas of your life. New goals and plans will be developed at each phase of the program. In the first phase, the focus will be on stabilization and treatment. The SRMHC requires you to have ongoing contact with your probation officer(s), individual and/or group therapy, medication management, court appearances, random drug testing, and community-based support groups (as appropriate).

What is the resource room and clothes/supply closet?

All Mental Health Court participants will have access to the clothes/supply. The closet provides free clothing, winter coats, gloves, beanies, scarves, boots, socks, underwear, towels, sheets, blankets and personal hygiene items. If you are in need of clothing or other personal items, please contact one of our case managers.

All Mental Health participants will have access to our resource room. We currently have two computers with internet access to assist our participants with job searches, filling out job applications online, creating resumes, cover letters or other employment and educational needs. If you do not have access to a computer or internet and you would like to utilize our research room, please contact one of our case managers.

Do you have transportation issues? If you do, we can help!

contact one of our case managers for daily, 7-day, monthly or monthly reduced fare STA bus passes.

B. PROGRAM COMPONENTS

Treatment Component

Participants will complete a mental health and chemical dependency evaluation and engage in the recommended treatment program(s). In addition to the mandatory mental health treatment services, the SRMHC Team may recommend additional required services based on the individual needs of the participant.

Probation Component

Probation officers provide client progress reports to the team during weekly staffing. The client progress reports will include the following information:

- Dates of the one-on-one appointments
- Any missed one-on-one appointments (and whether they were excused)
- Any missed treatment sessions (and whether they were excused)
- Updates regarding participant's performance and progress in treatment (compliant or non-compliant)
- Frequent and random drug and alcohol testing results
- Concerns/announcements/questions/requests that the participant or the treatment provider may have
- Whether the participant is compliant or non-compliant with all SRMHC requirements
- Gaps in services
- Updates regarding phase goals
- Any psychosocial, economic and physical needs of the SRMHC participant

Probation Officers serve as liaisons between treatment providers and the court. They work closely with your treatment provider to monitor treatment plans. Our therapeutic court case managers assess and reassess participants' support systems, available community resources, and other factors. This requires case managers to develop and implement case plans with intervention strategies to meet the participant's needs including residential placement, transportation, job training, socialization, medical/dental care, legal intervention, and financial assistance according to state and federal regulatory guidelines and budget limitations.

Court Component

Participants attend SRMHC hearings with other participants as required. At the court hearings, participants will report to the judge on their progress and setbacks on completion of program tasks and assignments. The SRMHC Team attends hearings to offer support, encouragement, and accountability. The judge addresses accomplishments and violations and enters orders for each participant for the next SRMHC period. Throughout the program, the team will support the participant with incentives for success and accomplishments.

When a participant is out of compliance with program requirements, the judge may impose sanctions. SRMHC tailors its expectations of participants by phases. While sanctions may include jail time, the court and team intend to use non-jail, progressive sanctions for most violations.

Team Member Component

The success of the SRMHC is dependent upon the strength of the team. The team meets weekly to discuss compliance of each participant. After staff meeting discussions, the team will make a decision as to what action(s) to take on each participant's case.

II. PROGRAM AND POLICIES

A. ELIGIBILITY CRITERIA

Not all applicants are accepted into SRMHC. In order to be eligible for the SRMHC program, the applicant must meet all seven of the following requirements:

- (1) Applicant must be **18 years of age or older**;
- (2) Applicant must reside in Spokane County;
- (3) Applicant is charged with an eligible misdemeanor/gross misdemeanor or felony reduction;
- (4) The applicant has been diagnosed with a qualifying serious mental health illness as determined by a mental health evaluation completed by a licensed mental health professional;
- (5) The applicant may be evaluated using a Risk Needs Assessment Tool and the result is: **(1) High Risk/High Need or (2) Moderate Risk/Moderate Need**
- (6) Applicant has **fully completed all aspects of the SRMHC application**;
- (7) Applicant **voluntarily agrees to participate** in the SRMHC and has signed the "Acknowledgment and Agreement of Participant Handbook."

OPT-OUT PERIOD: Participants who have been accepted into the SRMHC program and entered a plea and/or stipulated order of continuance of their case **may not opt-out of the program.**

B. MENTAL HEALTH COURT SCHEDULE

SRMHC hearings in front of the judge occur every other week. Attendance in court is **ABSOLUTELY** mandatory on the dates you are ordered to appear by the judge. As you advance to higher phases in the program, the number of required court appearances may be decreased.

If you are not present in court on the required days, a bench warrant may be issued. It is then your responsibility to get the warrant quashed or turn yourself in. Absences may be excused if a documented, reasonable excuse for the absence is provided. The court will attempt to accommodate academic and employment schedules when possible. To make a request, participants should be in compliance with their court order and produce documentation of their academic and/or employment obligations to their assigned case managers and probation officers.

Courtroom Behavior: You are expected to maintain appropriate behavior at all times in the courtroom and courthouse. The following applies to in-person hearings as well as court hearings via Zoom:

- No talking while court is in session unless it is your turn
- No cell phone use while court is in session
- Be respectful of others
- No food or beverage in courtroom
- No smoking
- No gum chewing
- No chewing tobacco
- No vaping
- If possible arrange for childcare
- The judge should be addressed as “Judge” or “Your Honor”
- Be on time and do not leave during the hearing except to use the restroom
- **DRESS APPROPRIATELY!** Clothing bearing profanities, alcohol or drug related themes or promoting or advertising alcohol or drug use is considered inappropriate.

ZOOM BEHAVIOR

Our ability to hold hearings by Zoom is helpful because it avoids the need to come downtown, find parking and reduces the risk of contracting COVID. But if we cannot maintain quality participation, then we will need to resume in-person. Treat a Zoom hearing as you would treat any other hearing:

- Tell anyone in the house that you are on a video meeting and should not be interrupted;
- Be in a room or space that is quiet without excess light and close the door;
- Stay engaged throughout the hearing
- Do not move around during the hearing or leave the screen. You can mute your microphone, but please remain in the camera's view;
- Please do not get in a car and drive around
- Comply with all courtroom behavior as listed above

C. COURT REVIEW HEARINGS

Spokane Regional Mental Health Court hearings are open to the public. Friends, family, and guests of the participants are encouraged to attend and are permitted in the courtroom. Additionally, applicants considering joining Mental Health Court are permitted in the courtroom. Visitors may not participate or comment on any of the proceedings during Mental Health Court hearings unless invited by the Judge or a participant. Please be advised that court sessions may be broadcasted on the Spokane District Court YouTube channel.

Participants are required to attend all hearings based upon their current phase level.

D. RULES OF THE SPOKANE REGIONAL MENTAL HEALTH COURT PROGRAM

1. Be honest with yourself and the team at all times.
2. Maintain confidentiality of all other SRMHC participants.
3. Do not violate any city, county, state or federal laws—a finding of probable cause may be sufficient for SRMHC sanctions.
4. Any arrest or contact with law enforcement must be reported to the SRMHC case manager(s) and/or probation officer(s) **within 24 hours of contact**.
5. Do not commit any acts of violence or threats of violence or engage in belligerent behavior.

6. Do not possess, use, sell, distribute or have under your control, alcohol beverages, marijuana, drug paraphernalia or drugs except as prescribed by a licensed physician. It is the responsibility of participants to report use of prescription medications to the SRMHC Team by providing copies of all prescriptions to your assigned SRMHC probation officer. Any test that is positive for prescription medication that has not been authorized is considered a positive drug test, subjects the participants to sanctions, and changes the participant's sobriety date (effecting stage advancement eligibility). All participants must inform all health care providers that they are participants in the SRMHC program.
7. Do not knowingly go to or remain at any place where drugs are illegally used or sold.
8. Report use of drugs or alcohol to your assigned probation officer within 24 hours.
9. Be respectful to each other, the team and the judge.
10. Comply with program requirements.
11. Comply with the requirements, deadlines, or sanctions issued by the SRMHC Judge.
12. Provide the SRMHC with an updated and correct phone number and address. Any changes must be reported to the participant's assigned probation officer within 24 hours.
13. Cooperate with all members of the SRMHC Team at each phase and strive to move forward through each phase to the best of your ability.
14. You must have 60 days clean, sober and be violation free in order to graduate.

Incentives:

You will be rewarded for accomplishments in Mental Health Court. It is the intent of the Mental Health Court Team to recognize effort and program benchmarks. Incentives may include:

- Verbal praise
- Gift cards
- Candy and other treats

E. Testing

SRMHC participants will be required to submit randomly to alcohol and drug tests (including urine, saliva, breathe, and blood) and/or be placed on other equipment, to monitor your sobriety when requested by a SRMHC Team member and/or treatment provider, including on holidays, weekends and evenings. Any positive urine screens, tampered samples, positive readings on the equipment or refusal to provide a sample may be grounds for a sanction(s).

A refusal to provide a sample, an inability to provide a sample, a diluted sample, or an abnormal or missed test will be considered a positive screen. Any attempt to adulterate or falsify a test will be considered a positive screen. If you are unable to provide a sample within the designated testing hours, it is will be considered a positive screen.

DEFINTIONS:

- **Refusal:** Refusing to test when asked.
- **Rejected:** Testing agency may reject a sample due to heavy sediment in urine, super clear urine or abnormal smell.
- **Dilute Test:** All urine samples that return from the lab with a creatinine level below 20 ng are considered dilute and are treated as a positive screen. A dilute screen is caused by consuming large amounts of excessive fluids, i.e., water, coffee, tea or sodas. This technique is an attempt to manipulate urinalysis results and will be considered a violation. Claiming that you did not know **will not** be an acceptable excuse.
- **Abnormal Test:** Urine creatinine that is either below 20 ng/dL or above 400 ng/dL is considered an abnormal urine sample.
- **Missed Test:** Failure to appear for a scheduled testing time.
- **Adulterate or falsity:** The intentional tampering with a urine sample by the donor. Example: eating or drinking substances that may alter a test, adding substances directly to the urine to alter results, or diluting or substituting specimen with someone else's drug or alcohol-free urine.
- **Unable to Provide (UTP):** Participant is unable to provide a urine sample at the time of testing.

Participants are responsible for what they put in their body. A participant's claim that they did not know is not an acceptable excuse. Read ingredients listed on the labels of everything. If you have any doubts, ask a pharmacist for assistance or contact your Probation Officer

WARNING: DO NOT ingest non-alcoholic beer or wine, kombucha tea, poppy seeds in any form (i.e. muffins, bagels), flushing agents, “natural” or herbal remedies, Kratom, over the counter medications such as Nyquil, mouthwash containing alcohol, or any other substance containing alcohol or any mind-altering substance. Supplements with creatine is not allowed. **DO NOT** use another person’s vape pen.

Frequency of testing is subject to change at the Court’s discretion at any time.

***While in Mental Health Court, you may not consume any alcohol, marijuana or any marijuana biproducts including but not limited to edibles, lotions or oils. You are prohibited from consuming alcohol, marijuana, illegal drugs or legal drugs not as prescribed at any time for any reason.**

F. Attendance

1. Be on time and do not miss any SRMHC Court hearings without prior approval by the Judge. **If a participant fails to appear for a SRMHC Court hearing (and has not been excused) a bench warrant may be issued immediately and, upon arrest, participants will be held in jail until they appear before the Judge to explain why they missed their missed court hearing.**

2. Be on time for all scheduled appointments required in your SRMHC order. If you are more than 15 minutes late to your appointment, you may be sanctioned for missing a scheduled court-related appointment.

3. Do not miss any scheduled appointments with your assigned probation officer without prior approval.

4. Do not miss any scheduled substance abuse treatment groups or classes without prior approval by your counselor.

5. Do not miss any scheduled mental health counseling appointments without prior approval by your counselor.

G. Excused Absences

1. **Excused counseling and probation officer appointments.** All counseling/treatment and probation appointments are mandatory. It is at the discretion of the counselor/treatment provider and probation officer to determine whether to excuse the absence and reschedule the appointment.

2. **Excused Absence from Mental Health Court Hearing.** All SRMHC hearings are mandatory. Calls on the day of court will not be considered excused from court. Unless otherwise permitted by the judge, the judge will determine whether to approve or deny the request.

H. TERMINATION CRITERIA

The SRMHC Team will endeavor to keep participants in the SRMHC Program. However, there are some situations that will result in termination. If a participant is terminated from SRMHC, all sanctions imposed by the Spokane Regional Mental Health Court prior to formal termination shall be completed by the participant. No sanctions are waived as a result of termination unless expressly waived by the court.

Grounds for Termination: A participant shall be set for termination if any of the following situations occur:

1. **Inability to Complete Program in 730 days.** If there is no feasible way for the participant to complete the SRMHC program within 730 days (24 months), excluding days in inpatient treatment, the participant will be terminated from the program. SRMHC Judge has the authority to extend this period for good cause at the termination hearing.

2. **A New Sex Offense/Violent Criminal Law Violation.** If any court finds probable cause for a new charge against the participant that involves a sex offense or a disqualifying violent offense against another person, the SRMHC team may decide to terminate the participant from the SRMHC program.

3. **A New Delivery/Manufacture/Possession with Intent Criminal Law Violation.** If any court finds probable cause for a new charge against the participant that involves the delivery, sale, manufacture, or possession with intent to sell illegal drugs, the participant may be terminated from the SRMHC program.

Procedure for Termination Hearing

Whenever a participant is subject to termination for any of the reasons set forth above, the following termination procedures apply:

1. When grounds for termination has occurred, the participant will be terminated from the program. The assigned probation officer shall provide a short, concise statement of fact (Notice of Termination) constituting the grounds for termination which will be delivered to the participant, case parties, and filed with the court.
2. If the participant wishes to contest the factual basis for termination, the participant or legal counsel can set a motion within 14 days of the notice being filed to contest the termination.
3. If the participant or legal counsel fail to set a contested hearing within 14 days, the participant will be terminated and the file closed.

III. STAGE REQUIREMENTS

A. STAGES OF THE SPOKANE REGIONAL MENTAL HEALTH COURT

The SRMHC program is comprised of five phases. Each phase is designed to support participants in achieving and maintaining a life of sobriety and prosocial living. After all requirements are met for each phase, the participant will be presented with a certificate of completion for that phase and advance to the next phase.

The program takes a minimum of 12 months to complete and participation may not exceed 24 months unless the judge extends this time period for good cause.

	PHASE I STABILIZATION ENGAGEMENT (90 days min)	PHASE II ENGAGEMENT MAINTENANCE (60 days min)	PHASE III MAINTENANCE INDEPENDENCE (60 days min)	PHASE IV INDEPENDENCE LIFESKILLS (60 days min)	PHASE V MASTERY GRADUATION (90 days min)
COURT APPEARANCES	EVERY OTHER WEEK	EVERY OTHER WEEK	EVERY 4 WEEKS	EVERY 4 WEEKS	EVERY 4 WEEKS
PROBATION APPOINTMENTS	MINIMUM 1 X WEEK	EVERY OTHER WEEK	1 X PER MONTH	1 X PER MONTH	1 X PER MONTH
DRUG/ALCOHOL TESTING	6 X PER MONTH AND AT DISCRETION OF PROBATION OFFICER	4 X PER MONTH AND AT DISCRETION OF PROBATION OFFICER	AT DISCRETION OF PROBATION OFFICER AND TO PHASE UP	AT DISCRETION OF PROBATION OFFICER AND TO PHASE UP	AT DISCRETION OF PROBATION OFFICER AND TO GRADUATE
MENTAL HEALTH TREATMENT SESSIONS	PER TREATMENT PROVIDER				
CHEMICAL DEPENDENCY TREATMENT SESSIONS	PER TREATMENT PROVIDER	PER TREATMENT PROVIDER	PER TREATMENT PROVIDER	PER TREATMENT PROVIDER	SUCCESSFULLY COMPLETE CHEMICAL DEPENDENCY TREATMENT
IN ORDER TO PHASE UP AND GRADUATE	MUST BE VIOLATION FREE & CLEAN/SOBER FOR A MIN. OF 15 DAYS FROM THE LAST SANCTION IMPOSED	MUST BE VIOLATION FREE & CLEAN/SOBER FOR A MIN. OF 30 DAYS FROM THE LAST SANCTION IMPOSED	MUST BE VIOLATION FREE & CLEAN/SOBER FOR A MIN. OF 45 DAYS FROM THE LAST SANCTION IMPOSED	MUST BE VIOLATION FREE & CLEAN/SOBER FOR A MIN. OF 45 DAYS FROM THE LAST SANCTION IMPOSED	MUST BE VIOLATION FREE & CLEAN/SOBER FOR A MIN. OF 60 DAYS FROM THE LAST SANCTION IMPOSED

PHASE I STABILIZATION AND ENGAGEMENT

PHASE I: FOCUS ON STABILIZATION AND TREATMENT PLAN

TIME IN PHASE: 90 DAYS MINIMUM

Expectations for Phase I:

- 1) Attend your probation intake appointment
- 2) Attend an intake with a therapeutic court case manager
- 3) Attend SRMHC hearings every other week
- 4) Attend SRMHC Probation appointments every week
- 5) Random urinalysis testing 6 x per month
- 6) Obtain a mental health evaluation from a certified mental health professional and enroll in any recommended Mental Health treatment
- 7) Obtain a chemical dependency/alcohol evaluation from a certified chemical dependency professional and enroll in any recommended chemical dependency treatment
- 8) Provide all prescribed medications to your probation officer
- 9) Take prescription medications as prescribed

Requirement to Advance to Phase II:

- Attend SRMHC hearings every other week
- Attend SRMHC probation appointments as required
- Attend an intake with a therapeutic court case manager and develop a case plan
- Have a minimum of 15 days clean/sober
- Have a minimum of 15 days violation free from the date sanction was imposed
- Obtain a mental health evaluation and comply with mental health treatment plan
- Obtain an alcohol drug assessment and comply with chemical dependency treatment plan, if applicable
- Comply with prescribed medication regimen
- Obtain no new unaddressed criminal law violations
- Complete a Therapeutic Activity and application to complete phase 1

PHASE II ENGAGEMENT AND MAINTENANCE

PHASE II: PARTICIPANTS WILL FOCUS ON THE TREATMENT PLAN AND UNDERLYING ISSUES THAT BROUGHT THEM TO THE SRMHC.

TIME IN PHASE: 60 DAYS MINIMUM

Expectations for Phase II:

- 1) Attend all SRMHC hearings every other week
- 2) Attend SRMHC probation appointments every other week
- 3) Meet with your case manager on an as needed basis and update case plan
- 4) Random urinalysis testing 4 x per month
- 5) Attend all regular mental health treatment as recommended
- 6) Attend all chemical dependency treatment, if applicable
- 7) Comply with prescribed medication regimen

Requirement to Advance to Phase III:

- Attend all Court hearings every other week
- Attend SRMHC probation appointments every other week
- Comply with mental health treatment
- Comply with chemical dependency treatment, if applicable
- Comply with prescribed medication regimen
- Obtain no new unaddressed criminal law violations
- Have a minimum of 30 days clean/sober
- Have a minimum of 30 days violation free from the date the sanction was imposed
- Complete a Therapeutic Activity and application to complete phase 2

PHASE III MAINTENANCE AND INDEPENDENCE

PHASE III: REINFORCES SOBER AND PRO-SOCIAL LIVING AND BEGINS TO FOCUS ON REBUILDING THE PARTICIPANT'S LIFE.

TIME IN STAGE: 60 DAYS MINIMUM

Expectations for Phase III:

- 1) Attend Court hearings a minimum of 1 x per month
- 2) Meet with SRMHC probation officer a minimum of 1 x per month
- 3) Meet with your case manager on an as needed basis and update case plan
- 3) Random urinalysis at the discretion of your probation officer
- 4) Attend all regular mental health treatment as recommended
- 5) Attend all chemical dependency treatment, if applicable
- 6) Comply with prescribed medication regimen
- 7) Make efforts to seek employment, education, or maintain work and education schedules
- 8) Identify personal triggers and coping mechanisms
- 9) Develop long-term goals with assigned SRMHC probation officer

Requirement to Advance to Phase IV:

- Attend Court hearings 1 x per month
- Attend SRMHC probation appointments 1 x per month
- Identify personal triggers and coping mechanisms
- Comply with mental health treatment plan
- Comply with chemical dependency treatment plan, if applicable
- Comply with prescribed medication regimen
- Obtain no new unaddressed criminal law violations
- Have a minimum of 45 days clean/sober
- Have a minimum of 45 days violation free from the date the sanction was imposed
- Complete a Therapeutic Activity and application to complete phase 3

PHASE IV LIFE SKILLS/INDEPENDENCE

PHASE IV: HELPS PARTICIPANTS GAIN THE ABILITY TO MAKE HEALTHY, LONG TERM, UNSUPERVISED, LIFE CHOICES ABOUT THINGS SUCH AS EDUCATIONAL AND EMPLOYMENT PROGRESS, SOBRIETY, TRUST AND RELATIONSHIP SKILLS.

TIME IN STAGE: 60 DAYS MINIMUM

Expectations for Phase IV:

- 1) Attend Court hearings 1 x per month
- 2) Meet with SRMHC probation officer a minimum of 1 x per month
- 3) Meet with your case manager on an as needed basis and update case plan
- 4) Random urinalysis at the discretion of your probation officer
- 5) Comply with mental health treatment as recommended
- 6) Comply with chemical dependency treatment, if applicable
- 7) Comply with prescribed medication regimen

Requirements to advance to Phase V:

- Appear for Court 1 x per month
- Meet with SRMHC probation officer a minimum of 1 x per month
- Comply with mental health treatment
- Comply with chemical dependency treatment, if applicable
- Comply with prescribed medication regimen
- Obtain no new unaddressed criminal law violations
- Have a minimum of 45 days clean/sober
- Have a minimum of 45 days violation free from the date the sanction was imposed
- Submit a completed wellness plan
- Complete a Therapeutic Activity and application to complete phase 4

PHASE V MASTERY - GRADUATION

PHASE V: PARTICIPANT DEMONSTRATES THE ABILITY TO MASTER MAKING HEALTHY LIFE CHOICES AND TO INDEPENDENTLY STAY CLEAN OF DRUGS AND ALCOHOL. CHEMICAL DEPENDENCY TREATMENT IS COMPLETE AND REMAIN IN COMPLIANCE WITH MENTAL HEALTH TREATMENT. TIME IN STAGE: 90 DAYS MINIMUM

Expectations for Phase V:

- 1) Attend court hearings 1 x per month
- 2) Meet with SRMHC probation officer a minimum of 1 x per month
- 3) Meet with your case manager on an as needed basis and update case plan
- 4) Random urinalysis at the discretion of your probation officer
- 5) Draft a graduation letter on what you learned while in Mental Health Court
- 6) Successfully complete Chemical Dependency treatment
- 7) Be compliant with Mental Health treatment
- 8) Comply with prescribed medication regimen

Requirements to graduate:

- Appear for court 1 x per month
- Meet with SRMHC probation officer a minimum of 1 x per month
- Share your graduation letter with the SRMHC Team on graduation day
- Successfully complete Chemical Dependency treatment
- Be compliant with Mental Health treatment
- Obtain no new unaddressed criminal law violations
- Have a minimum of 60 days clean/sober
- Have a minimum of 60 days violation free from the date the sanction was imposed
- Complete exit interview application and graduation letter

Acknowledgment and Agreement of Participant Handbook

I, _____ have read/have been read the Spokane Regional Mental Health Court Participant Handbook and agree to the terms and conditions stated in the Handbook for acceptance and participation in the Spokane Regional Mental Health Court Program. I understand that if I do not follow the Spokane Regional Mental Health Court Program rules, I can be terminated from the program. I have received a copy of this agreement for my records.

Participant Signature

Date

Defense Counsel

Date

Prosecuting Attorney

Date

ACKNOWLEDGMENT OF SRMHC REQUIREMENTS

I have chosen to voluntarily participate in the Spokane Regional Mental Health Court Program. I understand the requirements of the program and I agree to the following conditions:

- I agree to cooperate with all SRMHC recommendations.
- I agree to follow my mental health treatment plan.
- I agree to follow my chemical dependency treatment plan, if applicable.
- I agree to attend all scheduled SRMHC hearings unless excused prior to court.
- I must obtain permission if I am unable to attend a scheduled Court appearance from my probation officer.
- I agree to weekly or biweekly contact and to attend all scheduled appointments with the SRMHC probation officer.
- I agree to sign all necessary releases of information.
- I agree to take all medications as prescribed and I agree to remain compliant with my medications.
- I agree to abstain from alcohol, marijuana, illegal drugs or legal drugs not as prescribed at any time for any reason.
- I agree to keep the Court apprised of my current address and telephone number and report any changes within 48 hours.
- I agree to remain law-abiding.
- Other _____

I understand and agree to follow all of the above stated conditions of my SRMHC treatment plan.

I understand that failure to comply with these conditions will result in a review of my case with the SRMHC Team, to determine my continued participation or the imposition of Court ordered sanctions up to and including incarceration or termination.

Participant Signature: _____

Program Staff Signature: _____

Date: _____

Spokane Regional Mental Health Court Confidentiality Agreement

As a Spokane Regional Mental Health Court Program participant, I agree and authorize the following:

- ◆ I agree and authorize the SRMHC Judge to discuss my court case and my treatment progress with my probation officer, my treatment providers, and the SRMHC Team outside the courtroom and outside my presence.
- ◆ I authorize my treatment providers to exchange my treatment information with the court and my assigned probation officer. I further allow the court and probation officer to disclose that treatment-related information to the SRMHC Team members and other medical, mental health, and/or treatment providers.
- ◆ I agree and acknowledge as part of the SRMHC program I will not disclose to any other person, business, or organization any treatment information I hear regarding another participant during a court session.
- ◆ I authorize the probation officer, and the court to discuss my treatment progress and records during court sessions.
- ◆ I authorize the results of any urinalysis tests to be disclosed to the probation officer.
- ◆ I authorize the probation officer and treatment provider to disclose to the SRMHC Judge the results of any urinalysis tests and to have those results discussed in court.
- ◆ I authorize my sentencing order and or stipulated order of continuance (SOC) to be placed in the court file which is open to the public.
- ◆ I understand that this consent will remain in effect and cannot be revoked by me unless there has been a formal and effective termination or revocation of my release by me in writing. I agree I cannot participate in the SRMHC unless all releases remain in effect. I further acknowledge that this release will expire upon my successful completion of the program.

Participant Signature

Date

Defense Counsel

Date

Prosecuting Attorney

Date