WELCOME TO TERMONN
PASSAGES’ PEER RESPITE CENTER

What you can expect when you stay at the Peer Respite Center:

1. **Voluntary**: All stays at Termonn are voluntary – it is your choice to stay here, as long as you meet medical necessity for this level of care.

2. **Recovery-oriented approach**: Our focus is supporting your recovery journey – helping you explore, identify, and develop skills and strategies that will help you experience success at Termonn and in the community.

3. **Safe and welcoming environment**: Termonn offers a safe, non-judgmental, sanctuary-like space where you will have your own private suite (bedroom and bathroom) with unlimited access to the kitchen, living room, laundry room, and backyard patio and retreat area.

4. **Peer support**: Our Certified Peer Counselors (CPCs) will work in partnership with you to explore and develop wellness goals that support your recovery journey. One-on-one peer support will be available 24/7/365 and our peer groups will be available at our main building at various times Monday through Thursday of the regular work week.

5. **Break from stressors**: Use your time at Termonn as it benefits you – determine your own schedule for wake, sleep and eating times; continue seeing your existing supports outside of Termonn (i.e., job, therapy, friends, family, etc.), and utilize opportunities to rest and regroup.

6. **Activities**: As a guest you will have access to TV, art supplies, books, games, and puzzles.

7. **Community Resources**: Our CPCs will help you identify and connect with community resources that will support your mental well-being.

8. **Transition support**: At the beginning of your stay, our CPCs will work alongside you to begin to develop a solid transition plan back to your regular living situation.
Limitations:

1. Termonn is intensive outpatient peer support. If you need a higher level of care, our CPCs will work with you and your insurance carrier to make that transition.
2. If you take medications, please know that we are not able to manage them—including counting, administering, or handling. We will provide you with a storage box you can lock and will be kept in your suite. If you need to refrigerate your medications, there is a locked med refrigerator to which you will have access.
3. You can stay at Termonn for up to 7 nights in a 30-day period.
4. We are able to provide only emergent transportation.
5. You must provide your own medications, food, clothes, toiletries, and routine transportation to and from Termonn.
6. Passages will provide bed and bathroom linens, laundry supplies, cleaning supplies, and basic emergency food on a limited basis.
7. Individual locked medication boxes and a locked medication refrigerator are available if needed.
8. If you get sick while you’re at Termonn, and you may be contagious to others, we will ask that you leave Termonn.

Our goal is to partner with you to create a healing environment through intentional peer support and the opportunity to learn and grow. Always ask if you have questions.

Passages Family Support is committed to maintaining an environment that is free of discrimination based on ethnicity, sexual orientation, gender identity and expression, size, or other aspects of appearance or religious beliefs. We consider this to be among your basic human rights.

You always have the right to express any concerns or make a complaint about any service or support you receive, including here at Termonn. You can talk with any staff or the Passages Family Support Compliance Officer about what you are experiencing. You may contact the Compliance Officer at 509-892-9241. You may also speak with a representative from the Regional Office of Behavioral Health Advocacy at 509-655-2839.
GUEST AGREEMENT

A successful stay at Termonn is dependent upon everyone understanding and practicing the guest agreement. By signing below, I acknowledge that:

1. I think a 24-hour, peer-supported environment will benefit me at this time.

2. I understand that Termonn is an inclusive environment and I agree to treat all individuals with respect and dignity as I want to be treated.

3. I am able to be responsible for my part in holding to the intent of Termonn. I have received a copy of this document.

4. I understand that Termonn community values respecting each other’s privacy and that I am being asked to be sensitive to that and not share information about, or stories shared, by others staying or working at Termonn with any persons outside of Termonn.

5. I understand that the standard stay at Termonn ranges from 1 to 7 nights and that during my stay I will be invited to have a conversation about transitioning back to my regular living environment.

6. I agree to have my personal items go through the bed bug heat treatment.

7. I attest I am not coming from an environment that is currently infested with bed bugs or lice.

8. I understand that I have the responsibility to help maintain the cleanliness of Termonn and will maintain my room at all times. I will clean up after myself in the kitchen and assist the staff and other individuals in maintaining the common areas.
9. I understand that I have the responsibility to launder my bedding, bathroom linens, and robe (if used) on my last day at Termonn. I will place them in the suite’s bin prior to checking out.

10. I will respect Termonn’s property and will leave all Termonn items when I check out (books, puzzles, games, art supplies). I understand that I will be ineligible to return if I do not return Termonn’s items.

11. I understand that Termonn is primarily funded by Managed Care Organizations and licensed by the Department of Health and that they may periodically review Termonn and documentation of the services I have received.

12. I understand that Termonn strives to be scent-free and I will be encouraged to use scent-free products as much as possible.

13. I understand that, although Termonn staff will support me to keep my personal items safe and secure by providing me with a medication lock box and Termonn expectations that people not enter each other’s private space. Termonn staff cannot take responsibility for preventing the theft of, or replacing any, missing or broken personal items.

14. I understand that peer respite is a Medicaid benefit and staff must document services I receive at Termonn.

15. I understand that I have a right to:
   - Follow my own schedule and have access to private and common spaces in Termonn.
   - Access peer support and resource information during my stay.
   - Leave Termonn at any time; if I leave after 10:00 pm, I cannot return until 8:00 am the next day. Exceptions can be made for those who work a night shift.
   - Be included in the documentation process with Termonn staff.
16. I understand efforts will be made to work through most conflicts, but I will be asked to leave if:

- I leave Termonn and do not make contact within 4 hours about a plan to return
- I bring drugs, paraphernalia, and/or alcohol to Termonn and/or return to Termonn smelling of alcohol or drugs, or acting in a way that significantly impacts other guests.
- I do anything to show disregard for Termonn such as smoking indoors, stealing, damaging property, etc.
- I bring in items that are not first placed through the bed bug equipment or it becomes apparent I have lice.
- I do anything to show disregard for others at Termonn including yelling at others, making threats, bringing weapons, soliciting money, bartering, loaning, or borrowing from others, etc.
- I have medical or other needs that I am not able to manage independently.
- I am otherwise not in a place where I can hold the values of Termonn or cannot benefit from the supports offered.
- I fail to process strong emotional reactions in a healthy manner.

This is your copy to keep with you while at Termonn.