Emergency Preparedness

Disasters can strike with little or no warning

Locally, urban and wildland fires, snow and/or ice storms, volcanic ash, and windstorms are all possibilities. Four out of five disasters impact everyday necessities. Gas, food, water, and electricity are just a few examples.

Food and other items will disappear quickly from stores and credit card usage will halt without power.

Other man-made disasters, such as terrorism, cyber-attacks, or train disasters could also impact our region and should be considered in your planning efforts.

During a disaster, first responders will be overwhelmed and may not be able to reach you for an extended period of time. You should only call 9-1-1 with life-threatening emergencies and be prepared to be self-sufficient for an extended period of time.

What can you do to prepare? Now is the time to: Make a Plan, Build a Kit, Stay Informed, and Get Involved.

What do I need to take? When do I need to go? Where do I need to go? Your plan should include important information you will need in a disaster, such as, phone numbers, family meeting places,
what to do with your pets and how to stay informed throughout the event.

What to plan for.

How will we get alerts, warnings and the latest information?

Find out what types of shelters and assistance are available should you need to leave quickly.

How will we communicate?

Consider a single, out-of-the-area point of contact, and using text messaging.
BUILD A KIT.

Basic Disaster Supplies Kit

To assemble your kit, store items in airtight plastic bags and put your entire disaster supplies kit in one or two easy-to-carry containers such as plastic bins or a duffel bag. A basic emergency supply kit could include the following recommended items:

- WATER (One gallon per day per person for up to 2 weeks if possible)
- FOOD (a supply of non-perishable food that you enjoy)
- DUST MASK or N95 MASK
- MOIST TOWELETTES
- TOOLS (i.e. utility knife)
- CAN OPENER
- LOCAL MAPS
- CELL PHONE CHARGER
- WHISTLE
- DRY BATTERIES
- FLASHLIGHT with BATTERIES
- RADIO with BATTERIES
- EXTRA BATTERIES
- FIRST AID KIT
- IMPORTANT DOCUMENTS
- NON-PRESCRIPTION MEDICATIONS
- VITAMINS, ETC.
- GLASSES and GLASS WIPES
- INFANT FORMULA and DIAPERS
- PET FOOD and WATER
- EXTRA CASH (smaller bills and coins)

Continue to add the following items to your kit to be sure you are prepared:

- PAPER TOWELS
- STURDY SHOES
- BLEACH or DISINFECTANT
- N95 MASK
- GLASS WIPES
- CELL PHONE CHARGER
- LOCAL MAPS
- ORGANIZER
- EXTRAS BATTERIES
- FIRST AID KIT
- WHISTLE
- TOOLS (i.e. utility knife)
- DRY BATTERIES
- FLASHLIGHT with BATTERIES
- RADIO with BATTERIES

Basic Disaster Supplies Kit

To assemble your kit, store items in airtight plastic bags and put your entire disaster supplies kit in one or two easy-to-carry containers such as plastic bins or a duffel bag. A basic emergency supply kit could include the following recommended items:

- WATER (One gallon per day per person for up to 2 weeks if possible)
- FOOD (a supply of non-perishable food that you enjoy)
- DUST MASK or N95 MASK
- MOIST TOWELETTES
- TOOLS (i.e. utility knife)
- CAN OPENER
- LOCAL MAPS
- CELL PHONE CHARGER
- WHISTLE
- DRY BATTERIES
- FLASHLIGHT with BATTERIES
- RADIO with BATTERIES
- EXTRA BATTERIES
- FIRST AID KIT
- IMPORTANT DOCUMENTS
- NON-PRESCRIPTION MEDICATIONS
- VITAMINS, ETC.
- GLASSES and GLASS WIPES
- INFANT FORMULA and DIAPERS
- PET FOOD and WATER
- EXTRA CASH (smaller bills and coins)

Continue to add the following items to your kit to be sure you are prepared:

- PAPER TOWELS
- STURDY SHOES
- BLEACH or DISINFECTANT
- N95 MASK
- GLASS WIPES
- CELL PHONE CHARGER
- LOCAL MAPS
- ORGANIZER
- EXTRAS BATTERIES
- FIRST AID KIT
- WHISTLE
- TOOLS (i.e. utility knife)
- DRY BATTERIES
- FLASHLIGHT with BATTERIES
- RADIO with BATTERIES
STAY INFORMED.

Know where and how to get information during an emergency. Visit www.scem.org and click on the ALERT Spokane logo to learn more about our public notification system. You can request translated alerts in Chinese, Russian or Spanish.

GET INVOLVED.

Consider signing up to volunteer for the Disaster Assistance Response Team (DART). Visit www.scem.org and click on the DART button in the middle of the page.