# WHAT TO PUT IN

Anything growing in the yard is potential food for the tiny, microbial decomposers that make compost. They decompose organic yard "wastes" with little-to-no help from us. The only issue we have with them is time; we humans are often impatient but microbes have nothing but time.

#### THE MIX IS IMPORTANT

The decomposers do a faster job of composting when you select the correct proportion of materials to compost. All organic materials contain carbon and nitrogen. The decomposers use carbon for energy and nitrogen to build protein. The relationship of these elements is called the carbon to nitrogen or **C:N Ratio**. A combination of materials with a C:N ratio of 30:1 creates the *ideal* diet for compost microbes. A hot, fast pile can produce usable compost in as little as 4-6 weeks.

#### A STANDARD COMPOST PILE MIGHT BE:

1 part brown/carbon dry leaves [60:1] 2 parts green/Nitrogen grass clippings [20:1] Calculating the C:N ratio, tells us the ratio of this pile is 33:1 or very close to ideal. HERE'S THE MATH:

60/1 + 20/1 + 20/1 = 100/3 or 33:1.

Other ingredients can be used to build a hot pile but the proportions are likely to be different. For example, calculate 1 bag of pine needles, 1 bag of dry leaves, and 3 bags of grass:

||0/| + 60/| + 20/| + 20/| + 20/| = 230/5 or 46/|

The C:N ratio is higher than ideal, so the decomposition rate may be slower.

#### C:N RATIOS OF COMMON ORGANIC WASTES

#### "Browns" [ good sources of CARBON ]

Hay [ Dry ]	40:1
Leaves [ Fresh ]	40:1
Horse Manure w/bedding	45:1
Straw, Wheat	50: I
Leaves [ Dry ]	60:1
Corn Stalks [ Fresh ]	60:1
Peat Moss	60:1
Weeds [ Dry ]	90:1
Straw, Cornstalk	100:1
Pine Needles	0:
Bark	20:
Office Paper	30:
Paper [ Newspaper ]	175:1
Sawdust [ weathered 2 months ]	300:1
Cardboard [ Corrugated ]	400:1
Sawdust [ Fresh ]	500:1
Wood Chips	700:1

#### "Greens" [ good sources of NITROGEN ]

oultry Manure [ Fresh ]	10
oultry Manure w/bedding	15
Cow Manure [ Fresh ]	15
heep Manure	15
'egetable Trimmings	15
ood Waste [ Mixed ]	15
Grass Clippings	20
Coffee Grounds	20
Cow Manure w/ bedding	20
lorse Manure [ Fresh ]	25
Veeds [ Fresh ]	25
ruit Waste	30

Keeping the ideal (30:1) in mind, it is just a matter of balancing the amount of greens and browns to get your desired results.

Remember, when mixing ingredients, to add enough water so that your pile is as moist as a wrung-out sponge.

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# WHAT TO LEAVE OUT

#### **THESE ATTRACT UNWANTED PESTS** like dogs, raccoons, ants, and rodents:

Dairy products... Fats & Oils... Meat & fish

#### THESE PROMOTE HARMFUL PARASITES

that survive in the high temps. of a compost pile:

• Cat, dog, and pig feces

If math isn't your forté try using a calculator to figure out the C:N ratio of your pile. Visit Klickitat County's website and use their compost calculator to figure out the ideal mix of ingredients for your pile.

### Search online for:

klickitat county compost calculator

#### Or go to this address:

www.klickitatcounty.org/solidwaste/ fileshtml/organics/compostCalc.htm

#### **REFERENCES:**

Stu Campbell, Let it Rot, 1998.

Deborah L. Martin & Grace Gershuny ed., The Rodale Book of Composting, 1992.



SPOKANE MASTER COMPOSTERS & RECYCLERS PROGRAM 2900 S. Geiger Blvd. Spokane, WA 99224

Sponsored by the Spokane County Regional Solid Waste System.



volunteers who are working to promote the practice of home composting throughout Spokane County.

Recycling Hot Line 477-6800 www.spokanecountysolidwaste.org

# **MATERIALS FOR HOME COMPOSTING**



Use what you have

Put your yard wastes, kitchen scraps, and select household paper garbage to good use

Stop buying expensive store-bought soil amendments

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