

Food waste reduction resources and captions

For Schools

1. Looking for ways to reduce lunchroom waste at your school? Go to [usda.gov/foodlossandwaste/schools](https://www.usda.gov/foodlossandwaste/schools) for information on:
 - a. How extending lunch from 20 minutes to 30 can both reduce food waste and improve the dietary intake of students.
 - b. What OVS is and why it can help (offer vs serve)
 - c. How to get students involved in their own food choices and waste elimination.
2. How to conduct a food waste audit at school, a great classroom lesson for teachers: [Student Food Waste Audit FINAL 4-6-2017.pdf \(usda.gov\)](#)
3. Take this challenge as a school, or send it home for students to take to their communities: [Get Smart: Take the Challenge \(epa.gov\)](#)

Saving at home

1. Want some help making a shopping list, getting recipe ideas, and tips how to store all those new ingredients. Go to [savethefood.com/meal-prep-mate/start-prep/](https://www.savethefood.com/meal-prep-mate/start-prep/)
2. Think your food is getting close to the end of its time in your fridge? These recipes are for food you may think is past its prime (but can still be made into something super yummy!): [savethefood.com/recipeslisting/all](https://www.savethefood.com/recipeslisting/all)
 - a. More recipes that use up the last of your food bits: [Recipes | Love Food Hate Waste \(nsw.gov.au\)](#)

National stats and information

1. Check out some great videos (in English and Spanish) from the USDA: [Food Loss and Waste - YouTube](#)
2. Take a quick bite into national food waste with this video: [Food Waste Facts - YouTube](#)

Solutions and Studies

1. ReFED partnered with USDA/FDA to tackle some of the complex issues leading to food waste. Go to [refed.org](https://www.refed.org) for more info.
2. Message from head of the EPA: [Administrator Regan Speaks About Food Loss and Waste - YouTube](#)