Spokane Region Office of Behavioral Health Advocacy

March 27, 2023

Report to the Spokane Region Behavioral Health Advisory Board by Gail Kogle

As of October 1, 2022, transfer of all Behavioral Health Ombuds services were transferred to the Office of Behavioral Health Advocacy (OBHA). As of February 1, 2023, each region hosts a behavioral health forum to gather information and input from anyone who wishes to attend and is open to the public. Target audience is youth, adult, family and supports with lived experience, as well as interested service providers and community partners. Spokane has hosted two forums. These occur on the second Wednesday of each month from 3:00pm to 4:30pm.

OBHA can provide advocacy services to anyone who has had a behavioral health service no matter the insurance type: Medicaid, Medicare, private insurance, or no insurance.

People can contact OBHA in a variety of ways: regional phone numbers, regional emails, toll free number, and via the website: https://www.obhadvocacy.org/

OBHA implemented the use of a universal database for all regions to enter case information. At this time the database is a little difficult to pull reports from but that is expected that to change in the near future with some configurations to the database. This will make it easier to provide meaningful data in future reports to the BHAB.

Following is a count of cases that were open as of January 1, 2023

Total all cases: 90
Total open: 29
Total closed: 15
Total information and resources: 31
Total complaints: 15

The above numbers could change once the new reporting format is put into place. I look forward to providing a more comprehensive report in the future.

Gail Kogle
Program Director East Regions, OBHA
Acting Behavioral Health Advocate for Spokane Region
509-655-2839
gail@obhadvocacy.org