



**SPOKANE COUNTY
COMMUNITY SERVICES, HOUSING, AND
COMMUNITY DEVELOPMENT DEPARTMENT**
Kathleen Torella, Director

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**Spokane County Regional Behavioral Health
(Administrative Services Organization) Division, SCR BH (ASO)
Behavioral Health Advisory Board (BHAB) Special Meeting**

Meeting Date: January 24, 2022	Location: Zoom meeting/Conference Call	Start Time: 3:00 p.m. Adjourn Time: 4:25 p.m.
Attendance:	X=Present	E=Excused
Name		U=Unexcused
		Representing
BOARD		
Alex Knox	X	Spokane County (Chair)
Alicia Paschall	U	Spokane County (Vice-Chair)
Andrew Van Winkle	X	Spokane County
Craig Davenport	X	Spokane County
James Mires	U	Stevens County
Jill Burkholder	X	Spokane County
John Nowels	U	Spokane County Sheriff's Office
Kim Taylor	X	Spokane County
Leta Phillips	E	Ferry County At-Large Rep.
Mark Bullock	X	Spokane County
Dr. Michael Lemberger	X	Spokane County
Michael Lindsly	X	Spokane County
Ronald Bacon	U	Ferry County
OTHERS		
Gail Kogle	X	Spokane County and North East Counties Ombuds
Jessica Thompson	X	CSHCD SCR BH
Justin Johnson	X	CSHCD SCR BH
Kathleen Torella	E	CSHCD SCR BH
Nancy Locke	X	CSHCD SCR BH
Tom Gose	X	Consumer Consultation Panel (CCP)
Vlad Lukin	X	Spokane County and North East Counties Ombuds

MCOs – Guests		
Liz Perez	E	Community Health Plan of Washington (CHPW)
Ashley Nelson	E	Molina Healthcare
Lauren Renard	X	Frontier Behavioral Health
Mike Grundy	X	Excelsior Wellness Center

AGENDA / MINUTES:

1. Welcome and Introductions – Alexander Knox, Chair

- The September and November 2021 minutes were approved as written.

2. Presentation – New Journey’s (NJ) First Episode Psychosis (FEP) Program – Lauren Renard, Frontier Behavioral Health (FBH)

- Psychosis occurs on a spectrum and there are many different causes for it. Many people experience psychosis to some degree or another or at one time in their life. It is the third most debilitating condition in the world. Average duration of untreated psychosis in the U.S. is more than two (2) years.
- The program is specifically Washington state’s coordinated specialty FEP Program. As of January 2022, there are eleven (11) programs across the state; FBH’s program is the first one for the east side.
- Lauren Renard contact information: email: LRenard@fbhwa.org; phone: (509) 992-5786. Contact Lauren for consultation if unsure whether to refer to the program, or make a referral by completing a FBH NJ Program Referral Form and submit via newjourneys@fbhwa.org or mail to New Journeys Program, 2118 E. Sprague, Spokane, WA 99202.

3. Presentation – Behavioral Health Spokane County Teen Text Line Update – Mike Grundy, Excelsior Wellness Center

- A brief overview of the Teen Text Program was provided. Line number 844-814-8336 (TEEN) offers text, chat, and voice availability. Unique opportunity to engage with thirteen to seventeen (13-17) year old consenting Minors to talk about pre-crisis issues. The program’s primary focus is support service. The line is supervised and supported by multiple clinical and professional staff, primarily by Certified Peers who are trained in a number of aspects of direct outreach.
- The strength of the program will be connecting well over one thousand (1,000) community resource partners throughout the region to be accessible in the database of the program website (TeenTextSpokane.org) being developed.
- They want to build a cultural of wellness focused on being a pro-active wellness intervention rather than a reactive disease model intervention.
- This new program is open and available to all Youth in the six (6) -county Spokane Regional Service Area (RSA), regardless of their health insurance coverage.

4. Administrative Presentation – CSHCD SCRBH – Justin Johnson, SCRBH

Justin provided a brief update on the following:

- Recovery Navigator Program** is in response to House Bill 5476. Agencies selected to provide program services are:
 - Northeast Washington Alliance Counseling Services (NEWACS) – Stevens, Ferry, Lincoln Counties
 - Pend Oreille Counseling Services – Pend Oreille County

- Pioneer Human Services – Spokane County
 - Adams County Community Counseling Services – Adams County
The funding will specifically be used to develop teams to fill gaps in services needed.
- b. **House Bill 1477** – The state allowed a creation of a statewide 988 call line system with a multi-tiered implementation period, with full culmination in 2024, that will develop a one-stop shopping for Individuals needing crisis assistance for behavioral health and suicide prevention. Individuals can dial 9-8-8 to receive immediate assistance.
- c. **Legislative Updates: Highlights for 2022 Session.**
5. **Consumer Consultation Panel (CCP) Report** – Tom Guse read the minutes from the November and December 2021 meetings.
6. **Board Comments** –
- d. The 2022 Board Officers were elected: Kim Taylor, Chair, and Andrew Van Winkle, Vice-Chair.

A motion was made, and the board approved to adjourn the meeting.

DECISIONS:

- The 2022 Board Officers were elected: Kim Taylor, Chair, and Andrew Van Winkle, Vice-Chair.

ACTIONS:

NEXT EVERY OTHER MONTH MEETING DATE/TIME/LOCATION:

March 28, 2022 - 3:00 p.m. / Zoom Meeting

Name of recorder:

Nancy Locke