

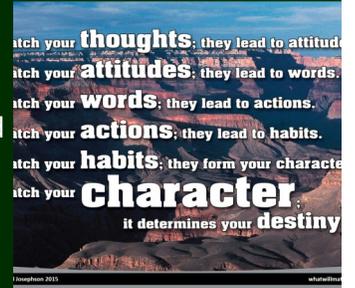
APRIL 2021



SPOKANE COUNTY
CHAPLAINCY
SERVICES

“You have power over your mind - not outside events. Realize this, and you will find strength.”

-Marcus Aurelius



CHAPLAINS WHO SERVE YOU

Robert Kinnune

LEAD CHAPLAIN

Cliff Custer

Jake Burkholder

Fasitupe MeaFua

Derald Gall

Gino Palomino

Rochelle Renninger

Tracy Richards

Kevin Richards

Matthew 20:28

The Son of Man did not come to be served, but to serve.

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SPOKANE COUNTY SHERIFF CHAPLAINCY
CHAPLAIN MSG: “DANGER, EXPLOSIVE WORDS!”

Greetings to everyone,

Where has the month of April gone already? Well, as fast as it sometimes seems to go, this is still the day The Lord has made. That means we get the opportunity to choose to rejoice and be glad in it. I am doing so right here and right now.

One way we can all do that is going to be revealed in this newsletter message for us called "Danger; Explosive Words".

During my time serving in the Army, the leadership was typically messaging us that “words have meaning”. I do believe this is true, for better or for worse. So with Proverbs 18:21 helping us see that we have the power of life and death in the tongue, it makes this topic even more vital for a healthy team/office/family/department/relationship to work well in all circumstances of life.

My friends, our words can either be helpful and encouraging, or they can be hurtful and damaging explosions. If this is true, then we need to pause and think about our word selections before we speak (or type). Especially if we might find ourselves either frustrated, sad, angry, or maybe just off our game a little bit; as we all can from time to time. Welcome to the human race.

A question for each of us to briefly think about: How is your temper? There is no right or wrong answer, just take a minute and be real with yourself as you ask, how is my temper? (it could be different from day to day).

As we think about this question, I am reminded that; **“When a person's temper gets the best of them, it reveals the worst of them.”**

Our words that are said in anger cannot be put back once they are uttered.

Team, we can leave much damage in our wake if we are not careful with our words, emails, texts, each and every day we get to serve alongside one another.

This ties directly into our verse of the day/ **Proverbs 16:32 NKJV**

He who is slow to anger is better than the mighty,

And he who rules his spirit than he who takes a city.

This helps us, in any role we serve in, to begin to see what true power looks like; Patience (slow to anger) and Self-Control (rule your spirit).

So, as we strive forward serving together, lets choose to apply these healthy attributes of patience and self-control in all we say and do, and to avoid explosive words wherever we can. I have faith that we can grow in these areas daily.

Blessings from Above, Chaplain Robert Kinnune