Mental Health Crisis Stabilization Facility for Law Enforcement and First Responders
03/19/2021
Individual and System Impacts

**Spokane Current State**
Individual in Mental Health Crisis Incident

- First Responder – Law Enforcement Incident
  - Crisis Intervention (CIT)
  - Co-Deployed Unit Referrals

- Emergency Room by Law Enforcement Escort (no hospital admittance)

- Jail Booking

- Pre-Trial & Public Defense
  - First Appearance
  - Mental Competency (Trueblood Class Member Determinant)

- Court Proceedings
  - Often includes multiple Failure to Appear (FTA) warrants

- Likelihood of Recidivism
  - 45%-70% (Still under determination)
  - Approx. 20% for Therapeutic Courts & Other Diversion Programs

**Spokane Future State with MHCSF**
Individual in Mental Health Crisis Incident

- First Responder – Law Enforcement Incident
  - Crisis Intervention (CIT)
  - Co-Deployed Unit Referrals

- Mental Health Crisis Stabilization Facility (MHCSF) for First Responders
  - Eligible Individual Criteria
  - Medical Assessment
  - Sobering & Withdrawal Management
  - Mental Health Crisis

- Diversion/Shelter/Holdover Beds
  - Temporary reserved beds until longer term case management resources become available

- Likelihood of Recidivism
  - 10%
  - Often up to 3 repeat visits before life-readiness
<table>
<thead>
<tr>
<th>Goal</th>
<th>Metric</th>
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<tbody>
<tr>
<td>Jail diversion</td>
<td>Number of people needing SUD and/or MH treatment are diverted from jail (including book and release as well as long term jail stays).</td>
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<td>Reduce recidivism</td>
<td>Significant decrease in the rate of recidivism for patients.</td>
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<td>Address inefficient re-entry</td>
<td>100% of patients are referred to appropriate level of care.</td>
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<td>Lower ER utilization</td>
<td>Number of people arrested needing SUD or MH treatment who were diverted from the ER.</td>
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Comparatives: Snohomish Diversion Pilot

FIGURE 1
Pre-Post Comparisons for SDP Participants Enrolled through October 31, 2018

- Percent of persons placed in Jail declined significantly (p < 0.001), from 43% to 25%
- Average Days in Jail declined significantly (p < 0.01), from 7.8 days to 4.5 days
- Percent with an Inpatient Psych Stay declined significantly (p < 0.05), from 5% to 1%
- Substance Use Disorder Treatment participation increased significantly (p < 0.001), from 33% to 82%
- Percent of Persons Housed increased from less than 1 percent at intake to almost half (45%) 90 days later

SEPTEMBER 2019

DSHS Research and Data Analysis Division
Olympia, Washington • RDA REPORT 11.249R
Location: 1322 W Gardner Ave
Design: Floor Plan

Intensive Inpatient Beds (formerly Diversion Holdover beds)

Withdrawal Management (WM) & Detox

Medical Clearance

Sally Port

Mental Health Crisis Stabilization
Proposed Number of Beds per Service Type

- **KING COUNTY**
  - MHCS: 16 (35%)
  - WM: 14 (30%)
  - IIP (formerly Diversion Holdover beds): 16 (35%)

- **SNOHOMISH COUNTY**
  - Diversion: 44 (100%)

**Notes:**
- MHCS 16 beds (35%)
- WM 14 beds (30%)
- IIP (formerly Diversion Holdover beds) 16 beds (35%)

**Summary:**

- Overall, the proposed number of beds is distributed as follows:
  - MHCS: 16 (35%)
  - WM: 14 (30%)
  - IIP (formerly Diversion Holdover beds): 16 (35%)
  - Diversion: 44 (100%)

**DRAFT**
MULTI-PURPOSE - SLEEPING AREA
MULTI-PURPOSE
Sleeping Area

*Example from Bremerton
Estimated Timeline

Fall 2020
- Construction Began

Winter/Spring 2021
- Construction Continues
- Programmatic Readiness

Spring/Summer 2021
- Final Site Readiness
- Facility Opens
Estimated Timeline

MHCSF Readiness Timeline Dependencies Swimlanes

2/16/2021
Sources:
Construction – Baker Construction, NAC, Spokane County Facilities
Programming – Pioneer Human Services
DOH Licensure – NAC, PHS

Today
Feb 16, 2021

Facility Open
Aug 14, 2021

Feb 2021

Construction
Building Construction
Substantial Completion

Programming
Lease and Operating Agreements with Spokane County
Hire Management
Finalize Policies, Procedures, and Models

DOH Licensure
PHS Provider Approval
Site Approval (NAC, Baker, County)
Stakeholders

Local, Regional and State Partnership Engagement Development

- Spokane County & municipalities
- Law Enforcement/First Responders/911
- Court Systems
- Health Systems (Providence, Multicare)
- Managed Care Organizations (MCOs)
- Impacted Community Members
- BH/MH Providers
- Spokane IMC Counties/SCRLIS
- Trueblood Settlement/DSHS/HCA Outcomes Team
- WA Dept of Commerce
- WA State Legislature
- BHT (ACH)
- Court Systems
- Detention Services
- Regulatory Agencies (DOH)

Infographic Video
Questions?