



**SPOKANE COUNTY  
COMMUNITY SERVICES, HOUSING, AND  
COMMUNITY DEVELOPMENT DEPARTMENT  
Kathleen Torella, Director**

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**Spokane County Regional Behavioral Health  
(Administrative Services Organization) Division, SCR BH (ASO)  
Behavioral Health Advisory Board (BHAB) Meeting**

Meeting Date: <b>November 23, 2020</b>	Location: <b>Zoom meeting/conference call</b>	Start Time: <b>3:00 p.m.</b> Adjourn Time: <b>4:20 p.m.</b>
<b>Attendance:</b>	<b>X=Present</b>	<b>E=Excused</b>
<b>Name</b>		<b>U=Unexcused</b>
		<b>Representing</b>
Alex Knox	X	Spokane County
Alicia Paschall	X	Spokane County
Andrew Van Winkle	E	Spokane County
Angela Quadry	X	CSHCD SCR BH
Cara Reidy	X	Spokane County and North East Counties Ombuds
Craig Davenport	X	Spokane County
Jennifer Jacobson	U	Stevens County
Dr. Michael Lemberger	X	Spokane County
Ed Hoffing	X	Spokane County
Gail Kogle	X	Spokane County and North East Counties Ombuds
James Mires	X	Stevens County At-Large Rep.
John Nowels	X	Spokane County Sheriff's Office
Justin Johnson	X	CSHCD SCR BH
Kathleen Torella	X	CSHCD SCR BH
Kim Taylor	X	Spokane County
Nancy Locke	X	CSHCD SCR BH
Leta Phillips	U	Ferry County At-Large Rep.
Ronald Bacon	X	Ferry County
Tom Gose	X	Consumer Consultation Panel (CCP)
<b>MCOs</b>		
Ashley Kleinjans	X	Community Health Plan of Washington (CHPW)
Maureen Correia	X	Molina Healthcare
<b>GUESTS</b>		
Chandra Fox ( <b>Presenter</b> )	X	Spokane County Emergency Management
Dan Barth ( <b>Presenter</b> )	X	Inland Northwest Behavioral Health
Derrick Skaug	X	Waitlisted Board Applicant

Mark Bullock	X	Board Applicant (in process)
Michael Lindsly	X	Board Applicant (in process)

**AGENDA / MINUTES:**

**1. Welcome and Introductions – Dr. Michael Lemberger**

- a. The October 23, 2020 meeting minutes were approved, as written.

**2. Presentation – Coping with COVID – Inland Northwest Behavioral Health, Dan Barth, Director of Business Development**

- The hospital has 100 beds with four (4) units: three (3) Adults and one (1) Adolescent (13-17 years of age) that treats involuntary and voluntary and Family Initiative Treatment (FIT) for Adolescents.
- Last year, the hospital received approximately 400 referrals a month, admitting between 175-200 Individuals whose average length of stay is 12 days, voluntary stays average 7-8 days, and involuntary stays average 12-18 days.
- The hospital serves the entire region; it is very Spokane centric yet receives referrals from all around Washington state.
- Justin Johnson commended Dan for his hard work as the lead for the Spokane County COVID-19 Behavioral Health Taskforce, on addressing a lot of the issues that have been brought to the BHAB, and specific behavioral health access issues during the pandemic.
- Dan Barth contact information: [Dan.Barth@uhsinc.com](mailto:Dan.Barth@uhsinc.com); office: (509) 992-1883.

**3. Presentation – Spokane County Emergency Management (EM) – Chandra Fox, Deputy Director**

- The EM is a unit within the Sheriff’s Office, and Chandra has day-to-day control over the department and the programs and staff. She has a staff of five (5) responsible for all of the planning, training exercising, disaster response, resource allocation and procurement and distribution. The unit is the link between local government and the state when it comes to emergency and disaster response.
- For COVID, Spokane did receive some individuals from cruise lines. EM is the resource procurement point for all of our healthcare in managing PPE supplies for the foreseeable future.
- EM is working towards a full-scale, all County exercise to implement the Behavioral Health Crisis Response Team’s Plan that has been worked on since the Freeman High School shooting. The exercise is scheduled to occur in April 2021 at Mead High School.
- EM is also working on a major revision of their Comprehensive Emergency Management Plan (CEMP) that is due to the state by the end of the year.
- EM will support and provide logistics for the Spokane County Health District with the COVID-19 vaccine distribution.
- Chandra Fox contact information: [cfox@spokanecounty.org](mailto:cfox@spokanecounty.org); office: (509) 477-7606.

**4. Administration Update – Kathleen Torella and Justin Johnson**

- Welcome new board appointed Spokane representative Andrew Van Winkle. Andrew is an attorney with the Washington State of Appeals, he knows our System of Care, and he will be a great addition to the board.
- Justin briefly spoke on the COVID-19 Guidance for Building Resilience in the Workplace handout which is more for the employer. The board can watch Dr. Kara Mauseh’s [YouTube video](#) for a more in-depth overview of how to build resilience against the impacts of COVID-19 as a person, whether you are exposed to the virus or not. Kathleen expressed how important it is for us, as people, to pay

close attention to each other and care about one another...with our family members and our colleagues during this really challenging time.

**5. Ombuds Reports – October 2020 - Gail Kogle and Cara Reidy**

- Gail provided a broad overview of the October 2020 report.
- Cara provided a review of the October 2020 calls data.

**6. Consumer Consultation Panel (CCP) – Tom Gose** read the October 2020 meeting minutes.

**7. Board –**

**a. Potential BHAB Meeting Change –**

- *BHAB Bylaws Update Recommendation to BoCC* – An updated tracked changes version of the Bylaws was reviewed. The board motioned to meet a minimum of four (4) times a year. Per further board comments, updates will be made to the Bylaws and the revised document will be reviewed with the board next month to vote on.

**b. Membership comments**

- *Craig Davenport* brought up concerns he has about advocating that the state takes eighty percent (80%) out of social security checks, instead of ninety percent (90%), so individuals can afford personal items that helps avoid conflicts because of lack of money. He also believes retaining the Ombuds locally is important as individuals would be more apt to contact them versus if they were located in Olympia. He would like to see the state update the WAC to reflect that change. Kathleen recommended Craig write a letter to the state legislators about his concerns.

**8. Public Comments – None**

**DECISIONS:**

- The October 23, 2020 minutes were approved, as written.

**ACTIONS:**

- At a future board meeting, Kim Taylor will provide an update on what percentage of accepted referrals is included in Inland Northwest Behavioral Health's data.
- The updated Tracked Changes Bylaws will be emailed to the board for review prior to meeting to vote on the updates.

**NEXT MEETING DATE/TIME/LOCATION:**

**December 28, 2020 - 3:00 p.m. /** Zoom Special Meeting

**Name of recorder:**

Nancy Locke