



SPOKANE COUNTY
COMMUNITY SERVICES, HOUSING, AND
COMMUNITY DEVELOPMENT DEPARTMENT
 Kathleen Torella, Director

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**Spokane County Regional Behavioral Health
 (Administrative Services Organization) Division, SCR BH (ASO)
 Behavioral Health Advisory Board (BHAB) Meeting**

Meeting Date: October 26, 2020	Location: Zoom meeting/conference call	Start Time: 3:00 p.m. Adjourn Time: 4:15 p.m.
Attendance:	X=Present	E=Excused
U=Unexcused		
Name		Representing
Alex Knox	X	Spokane County
Alicia Paschall	U	Spokane County
Angela Quadry	X	CSHCD SCR BH
Cara Reidy	X	Spokane County and North East Counties Ombuds
Craig Davenport	X	Spokane County
Jennifer Jacobson	U	Stevens County
Dr. Michael Lemberger	X	Spokane County
Dr. Michael Mainer	X	Spokane County
Ed Hoffing	U	Spokane County
Gail Kogle	X	Spokane County and North East Counties Ombuds
James Mires	X	Stevens County At-Large Rep.
Joanne Napier	X	CSHCD SCR BH
John Nowels	X	Spokane County Sheriff's Office
Justin Johnson	X	CSHCD SCR BH
Kathleen Torella	X	CSHCD SCR BH
Kim Taylor	X	Spokane County
Nancy Locke (vacation)	E	CSHCD SCR BH
Leta Phillips	U	Ferry County At-Large Rep.
Ronald Bacon	U	Ferry County
Tom Gose	X	Consumer Consultation Panel (CCP)
MCOs		
Liz Perez	X	Community Health Plan of Washington (CHPW)
Maureen Correia	X	Molina Healthcare
GUESTS		
Dr. Kira Mauseth (Presenter)	X	Washington State Department of Health Strike Team
Sara Schumacher (Presenter)	X	Excelsior Integrated Care Center

Kevin Riffel (Presenter) Aaron Chavez (Presenter)		Excelsior Wellness Center Excelsior Holistic Schools
Andrew Van Winkle	X	Board Applicant
Michael Lindsly	X	Board Applicant

AGENDA / MINUTES:

1. Welcome and Introductions – Dr. Michael Lemberger

- a. The September 28, 2020 meeting minutes were approved, as written.

2. Presentation – Coping with COVID – Dr. Kira Mauseth, Washington State Department of Health (DOH) Strike Team

- Dr. Mauseth spoke on the workplace issues and resilience building, as well as the high level Behavioral Health forecast work the DOH is doing. The monthly forecasting document is updated based on a variety of data collection sources the DOH looks at, both national and Washington specific. The DOH aggregates the information to formulate the forecast based on what current trends there are in the state, as well as things that are likely to occur based on what is currently happening around the country.
- Between now and the end of 2020, the DOH is anticipating that about 3+ million people are likely to experience clinical significant symptoms, usually depression and anxiety. Substance use is always a factor with post-disaster recovery. There are two (2) groups of the population the DOH is concerned with substance use, which is young adults (15-18 and 18-25 years of age) and individuals over 60 years of age.
- Dr. Mauseth contact information: drkiramauseth@gmail.com

3. Presentation – Excelsior Wellness Care Center –

- Sara Schumacher, Executive Director of the Excelsior Integrated Care Center (ICC), advised the 32-bed residential treatment facility next to their campus was finished last year. The facility provides intensive outpatient Behavioral Health services to Level of Care 3.7 secure withdrawal management. The ICC is getting closer to provide higher level of care acute services, crisis stabilization services, evaluation and treatment, and secure withdrawal management for Youth. Today, they have Level of Care 3.5 for substance use disorder treatment and the LifePoint Program. The LifePoint Program service is provided to transition age Youth (17-21 years of age) with the intention to serve those kids and connect them to community resources. By the end of 2020, the ICC should be able to take in involuntary Youth.
- Kevin Riffell, Executive Director of the Excelsior Wellness Center, advised the Center has approximately 150 Wraparound Intensive Service (WISe) clients, up to 21 years of age, serviced to try and keep them out of bed-based service and retained in their residence, and who still have a Youth and/or family advocate for their voices that meet regularly to get one collective plan on how to get what the Individual needs.
- Aaron Chavez is the Executive Director of the Excelsior Holistic Schools. Currently, they have 45 students from the Spokane and Mead School Districts. Many of the students have significant mental health and substance use issues. In most cases, students have had little success in other schools yet they are having great success in the Holistic Schools that try to find kids' natural giftedness and work to route them in the direction they are meant to go.

- Contact information:
 - Sara Schumacher: sara.schumacher@excelsiorwellness.org; office (509) 559-3110
 - Kevin Riffel: kevin.riffel@excelsiorwellness.org; work cell: (509) 769-9484; Excelsior Wellness (509) 559-3100
 - Aaron Chavez: aaron.chavez@excelsiorwellness.org; work: (509) 559-3127

4. Administration Update – Kathleen Torella and Justin Johnson

- Kathleen provided a brief update on legislative items. She listened to a recent Legislative Behavioral Health System Taskforce meeting where they reviewed twenty-seven (27) behavioral health priorities still in a draft state that they were planning to put forward to the Legislature and the Governor's Office in the form of a signed letter. The Taskforce recognized that with the state budget constrained by COVID-19 that all priorities may not be addressed in the next session, but that they want to put them forward for consideration in the upcoming legislative session and subsequent ones. A copy of Kathleen's notes summarizing the 27 draft priorities will be provided to the board for review with today's meeting minutes.
- Justin advised that in the last legislation session, the State instituted a new Behavioral Health System Coordinated Committee charter. The charter's goal under the Legislature was to form a committee to look at addressing gaps within state agencies, counties, and regional providers to determine issues there may be in addressing them, with communication, and how services can be approved.
- Justin mentioned that since the Consumer Consultation Panel (CCP) has not been able to hold in-person meetings due to COVID, the Ombuds have provided the CCP an online platform to hold the monthly meetings on.

5. Ombuds Reports – August and September 2020 - Gail Kogle and Cara Reidy

- Gail provided a broad overview of the August and September 2020 reports.
- Cara provided a review of September 2020 calls data.

6. Consumer Consultation Panel (CCP) – Tom Gose read the March 2020 meeting minutes.

7. Board –

a. Membership comments

- *Craig Davenport* inquired who the previous board member Jennifer Bliss was that recently passed away and asked what was her involvement with the board. Gail Kogle shared that she was a state representative, not a board member, who was instrumental in working to get Peers certified and placed. She was a teacher, strong advocate, and a consumer herself. While she had intimate knowledge about the system and touched a lot of lives, she had no direct involvement with the board.

8. Public Comments – None

DECISIONS:

- The September 28, 2020 minutes were approved, as written.

ACTIONS:

- Joanne Napier will provide the board the updated DOH forecasting document after the meeting.

- A copy of Kathleen Torella's summary of the Legislative Behavioral Health System Task Force's draft priorities will be provided to the board for review.

NEXT MEETING DATE/TIME/LOCATION:

November 23, 2020 - 3:00 p.m. / Zoom meeting

Name of recorder:

Joanne Napier