SPOKANE COUNTY

DEPARTMENT OF RISK MANAGEMENT

July 27, 2020

Definitions:
- Self-Isolate: Stay at home and away from others (including family members) for at least 10 days AND asymptomatic for 3 days to avoid spreading an illness. Required after a COVID positive test or COVID symptomatic.

- Self-Quarantine: Stay at home for 14-days and monitor for Coronavirus symptoms. Required after direct exposure to a COVID positive person.

- Direct COVID Exposure: Individual who has had close contact (< 6 feet for ≥15 minutes) with known COVID positive person, regardless of the use of face covering.

- Indirect COVID Exposure: Individual that has had close contact (< 6 feet for ≥15 minutes and without both persons in face coverings) with another individual who experienced a direct COVID exposure in the previous 7 days.

Protocols:
- An employee reports that they have tested positive:
  1. Send employee home. (discuss telecommuting opportunity & emergency sick leave benefit)
  2. Direct employee to "self-Isolate".
  3. RTW minimum criteria:
     a. Symptomatic persons:
        - At least 10 days have passed since symptoms first appeared; AND
        - At least 3 days (72 hours) have passed since resolution of fever without the use of fever-reducing medication and improvement of respiratory symptoms, which may exceed the 10 days since symptoms first appeared.
     b. Asymptomatic persons:
        - At least 10 days have passed since the positive test results, AND
        - Person remains asymptomatic.

- An employee reports a direct/known positive test exposure:
  1. Send employee home. (discuss telecommuting opportunity and emergency sick leave benefit)
  2. Direct employee to "self-quarantine" for 14 days.
  3. Recommend that the employee get tested for COVID-19 (4-7 days after exposure date),
     - Positive test result – follow guidance above under report of positive test.
     - Negative test result – continue with 14-day quarantine.
       o RTW upon completion of 14-dat quarantine, AND
       o Employee remains asymptomatic

- An employee reports an indirect exposure:
  1. Send employee home. (discuss telecommuting opportunity and emergency sick leave benefit)
  2. Recommend that the employee get tested for COVID-19 (4-7 days after exposure date)
  3. Direct employee to "self-quarantine" until they receive COVID-19 test results.
     - Positive Test Result - follow guidance above under report of positive test.
     - Negative Test Result – RTW and continue to self-monitor.