



**SPOKANE COUNTY
COMMUNITY SERVICES, HOUSING, AND
COMMUNITY DEVELOPMENT DEPARTMENT
Kathleen Torella, Director**

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**Spokane County Regional Behavioral Health (SCRBH)
Behavioral Health Advisory Board (BHAB) Meeting**

Meeting Date: January 28, 2019	Location: CSHCD Building, 5th Floor	Start Time: 3:00 p.m. Adjourn Time: 4:30 p.m.
Attendance: X=Present E=Excused U=Unexcused		
Name		Representing
Adrienne Schnell	X	CSHCD SCRBH
Alex Knox	U	Spokane County
Angela Quadry	X	CSHCD SCRBH
Brian Standow	E	Spokane County
Craig Davenport	X	Spokane County
Dr. Michael Lemberger	X	Spokane County
Dr. Michael Mainer	X	Spokane County
Ed Hoffing	U	Spokane County
Gail Kogle	X	Spokane County and North East Ombuds/QRT
Floyd Lee	X	Spokane County
Jessica Watson	X	Spokane County and North East Counties Ombuds/QRT
John Nowels	U	Spokane County Sheriff's Office
Kate Kennedy	X	CSHCD SCRBH
Kathleen Torella	X	CSHCD SCRBH
Kim Taylor	X	Spokane County
Kurtis Robinson	U	Spokane County
Nancy Locke	X	CSHCD SCRBH
Ronald Bacon	X	Ferry County Position
Tom Gose	X	Consumer Consultation Panel (CCP)
Tonya Stern	X	CSHCD SCRBH
GUESTS		
Misty Kunstmann	X	Molina
Liz Perez	X	Community Health Plan of Washington

AGENDA / MINUTES:

1. Welcome and Introductions – *Dr. Michael Mainer*

- The November 26, 2018 meeting minutes were approved, as written.

2. Spokane County Administrative Updates

a. Health Care Compliance Analyst, Kate Kennedy Introduction – *Kathleen Torella*

- Kate began her new position effective January 1, 2019. She will work with Kathleen and she joins Kathleen in being responsible for the Compliance Program, which is a participant of our Compliance Committee; she will be performing our major compliance training components, including General Compliance, Fraud, Waste, and Abuse, and HIPAA Training. She will also conduct investigations for all compliance complaints, as well as HIPAA. Kate will be responsible for the Standards of Conduct, and other like documents, reporting of incidents or investigations to the managed care organizations (MCO's) and the Health Care Authority (HCA), as well as the monitoring of our subcontracts for the Compliance Program compliance, debarment or excluded party issues, compliance Risk Assessment/Risk Management Plan, and our general compliance policies.

b. Legislative Priorities – *Kathleen Torella*

- Previously, Kathleen met with several of our region's Legislators with regards to the ASO, region and the transition with the Integrated Managed Care (IMC) model. Follow-up meetings will be held in February. Some of the elements Kathleen will discuss will be putting further definition into statute for the BH-ASOs, across the state, which is now included in a bill that Representative Eileen Cody is sponsoring. Additionally, the Legislators have been informed there will be a budget request associated with BH-ASO portion of the bill. The BH-ASOs, who were previously BHOs, are planning to continue to provide vital services that are beyond the contract required services if funding allows. Included in the budget request will be the \$1.125M Acute Care Diversion Proviso funding that the Governor's 2019 budget did not earmark the continuation for Spokane County, which affects the Evaluation and Treatment Centers (E&Ts) for non-Medicaid individuals. The BHAB \$1.125M Acute Care Diversion Proviso Legislative letter was updated to request support in continuing to earmark the funding for Spokane County in legislative budgets.
- Some of the other items Kathleen will discuss with Legislators are the costs of the Assisted Living Facilities as part of the continuum of care, as well as our adult residential treatment facility (ARTF), for Medicaid individuals coming out of Eastern State Hospital (ESH) and going into these facilities, either for discharge or diversion purposes from ESH. Spokane County has funded these services through the Regional Support Network (RSN) and Behavioral Health Organization for many years. At this point in time, we do not have confirmation of continued funding for these services. We are looking to the Legislators for funding for the MCO's or state agencies, to help with these individuals to transition them from Spokane County funding to State and MCO funding, as is done across the state in the other regions.

- Lastly, Kathleen will speak on the Regional Community Resource Center (RCRC) project, which makes up of a mental health crisis stabilization facility, withdrawal management unit, medical clearance unit, and a sobering unit being planned by Spokane County. Kathleen will talk to the Legislators about the resources for capital, as well as operational costs, in association with the True Blood Settlement Agreement which earmarks Spokane County as a Phase One location for at least a mental health crisis stabilization facility.
- c. Spokane Regional Service Area Ombuds, Gail Kogle and Jessica Watson – *Tonya Stern*
- Tonya introduced Gail Kogle and Jessica Watson as the new Ombuds. To ensure the BH-ASO meets all the Health Care Authority contract requirements, the positions were changed to be within our organization instead of being contracted positions.
 - Beginning January 2, 2019, calls were received; five grievances for different situations; one has already gone to resolution and calls from ESH patients.
 - They are getting organized by scheduling meetings with providers on MCO's on what they do, how services may be accessed, creating a standard of operations and contact list. The Ombuds will make sure providers have information to refer people to them. Website Ombuds Services may be accessed [here](#).
 - The Ombuds will assist people as to what their advanced directive is, conduct group and one-on-one trainings. The Mental Health Advance Directive form is linked on the Community Services, Housing, and Community Development Department website, which may be accessed [here](#).
- d. Spokane County Diversion Program Update – *Adrienne Schnell, Peer Support Specialist*
- In April 2018, stakeholder forum meetings were held in regards to the Engrossed Substitute Senate Bill ESSB 6032 Enhancement Funds. There were five areas of focus we had to choose as priorities for the region. One area the board supported was diversion from criminal justice, and having a Recovery Coach/Peer Counselor associated with the Diversion Program could help the program be successful.
 - Adrienne shared various program statistics.
 - Diversion needs are similar and different. The ones at the Jail are similar with some of the same type of resources but not necessarily in a Diversion Program such as ours. The jail's service is more immediate in getting individuals released versus ours are getting individuals' charges dropped.

3. Consumer Pulse - *Tom Gose* read the minutes from the November and December, 2018 CCP meetings.

5. Board membership comments:

- *Floyd Lee* asked questions on what the criteria is for Diversion Programs, as well as how do you contact or arrange with people to received mental health advanced directive.

Hal Wilson's passing was mentioned. Floyd inquired if there was a possibility of honoring Hal by renaming the building's fifth floor conference room as the "Hal Wilson Conference Room." A proposal for the motion will need to be presented to the BoCC for consideration.

- *Craig Davenport* inquired about an update on the new Inland Northwest Behavioral Health Hospital. Currently, the facility has 10 beds open, with plans to get up towards 25 beds over the next month or two based on workforce available. The facility's goal is to get up towards 100 beds for 75 adults and 25 adolescents, as of July 1, 2019, dependent on workforce staff. Individuals may be admitted as emergency department referrals or mental health holds from outside the cities, depending on their level of homicidal tenancies.

DECISIONS:

- The November 26, 2018 minutes were approved, as written.
- The board motioned and approved to rename the CSHCD building 5th floor conference room to "Hal Wilson Conference Room" if approved by the BoCC.

ACTIONS:

- Jessica Watson will provide Nancy Locke information on the Spokane Diversion Program to share with the board.
- The motion request to rename the CSHCD 5th floor conference room to the Hal Wilson Conference Room will be presented to the BoCC for consideration.

NEXT MEETING DATE/TIME/LOCATION:

February 25, 2019 - 3:00 p.m. / CSHCD Building, 5th Floor

Name of recorder:

Nancy Locke