

Train and Educate



“Educate and train governance, leadership, and workforce on an ongoing basis.” CLAS STANDARD 4

The purpose of the SCRBH CLAS Toolkit is to provide CLAS-related resources and education for SCRBH providers. In addition, the SCRBH sponsors in-person training opportunities throughout the year:

- 2019 Interpreter Services PowerPoint Training
- 2020 Diversity Made Simple: Multi-Cultural Awareness Training

Online Cultural Competency Trainings:

- Free online program from HHS Office of Minority Health (9 CEUs!) Cultural Competency Curriculum for Disaster Preparedness and Crisis Response: <https://cccdpcr.thinkculturalhealth.hhs.gov/default.asp> (ends May 31, 2019)
- Health Equity: Washington State Governor’s Interagency Council on Health Disparities e-learning modules: <http://healthequity.wa.gov/clastrainingandresources>

Rights for Individuals Receiving Care:

[Non-discriminatory Practices and Policies Training for Staff](#)

[SCRBH Non-Discrimination Notice](#)

[HCA Link in multiple languages](#)

[HHS Link in multiple languages](#)

Disclaimer: Culture influences many aspects of behavioral health and patterns of health care utilization. One important cautionary note, however, is that general statements about cultural characteristics of a given group may invite stereotyping of individuals based on their appearance or affiliation. Because there is usually more diversity within a population than there is between populations (e.g., in terms of level of acculturation, age, income, health status, and social class), information in the following sections should not be treated as stereotypes to be broadly applied to any individual member of a racial, ethnic, or cultural group. The following resources are intended to increase general understanding of the relationship between culture and society on behavioral health and promote favorable outcomes for all.

Please note that the following chart is only a small sampling of the many resources that are available to help clinicians provide culturally appropriate care and services.

For individual agency questions and assistance regarding the CLAS Toolkit, contact Angela Quadry at (509) 477-2587.

Subpopulation Group Name	Resources for Offering Culturally Sensitive Services
Refugees	<ol style="list-style-type: none"> 1. Backgrounder Sheets at Cultural Orientation Resource Center (COR) http://www.culturalorientation.net/learning/backgrounders 2. Click for Review for Mental Health Staff Working with Syrians affected by Armed Conflict
Rural Residents	Click here for PDF attachment on Rural Culture
Culture of Poverty	A Framework for Understanding Poverty, Ruby K. Payne, Ph.D. (available for purchase online)
Hispanic Community	<ol style="list-style-type: none"> 1. http://www.nami.org/Find-Support/Diverse-Communities/Latino-Mental-Health 2. National Hispanic & Latino ATTC (Addiction Technology Transfer Center Network) https://attcnetwork.org/centers/national-Hispanic-and-latino-attc/home
Culture of Homelessness	<ol style="list-style-type: none"> 1. Click here for SAMHSA Behavioral Health Services for People Who are Homeless
LGBTQ Community	<ol style="list-style-type: none"> 1. Protocol-for-Safe-Affirming Care
Muslim Community	<ol style="list-style-type: none"> 1. Ten Years of Substance Use Research in Muslim populations http://quod.lib.umich.edu/j/jmmh/10381607.0010.103/--ten-years-of-substance-use-research-in-muslim-populations?rgn=main;view=fulltext 2. Mental Health Stigma in the Muslim Community http://quod.lib.umich.edu/j/jmmh/10381607.0007.102/--mental-health-stigma-in-the-muslim-community?rgn=main;view=fulltext 3. The Institute of Muslim Mental Health (includes SUD) http://www.muslimmentalhealth.com/ 4. Role of Islam in the management of Psychiatric disorders https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3705684/
Buddhists (Zen, Tibetan)	Click here for How Tibet Buddhists in the United States negotiate Mental Health Concerns.