Policy Title: Resource Management

Signature: Kathleen Torella, Director Community Services, Housing, and Community Development

Revised: October 1, 2018

Reviewed:

Signature Date: 10/3/18

Signing by authority of Res. No. 2007-0038

Applies to: ☒ Internal  ☒ External

References

Washington Administrative Code (WAC)
WAC 182-538D-0234 – BHO – When the Agency Administers Regional Behavioral Health Services
Pre-paid Inpatient Health Plan (PIHP) contract

Scope

The Spokane County Regional Behavioral Health Organization (SCRBHO) and its network providers.

1. Policy

1.1. The SCRBHO must establish mechanisms that maximize access to and use of age and culturally competent behavioral health services, and ensure eligible individuals receive appropriate levels of care within its available resources.

1.2. The SCRBHO or designee must authorize admission, transfers, and discharges for eligible individuals into and out of inpatient Evaluation and Treatment (E&T) services, residential services, and community support services.

1.3. The SCRBHO or designee will ensure that services are provided according to the individualized service needs according to the person’s individualized service plan.

1.4. The SCRBHO or designee may not require preauthorization of emergency services and transportation for emergency services that are required for an eligible individual.

1.5. The SCRBHO will identify any resource management duties delegated to a subcontracted network provider in its Delegation Plan.

2. Definitions

2.1. Available Resources means funds appropriated for the purpose of providing community behavioral health programs: federal funds, except those provided
according to Title XIX of the Social Security Act, and state funds appropriated under the Revised Code of Washington (RCW) 71.24 or RCW 71.05 by the legislature during any biennium for the purpose of providing residential services, resource management services, community support services, and other behavioral health services. This does not include funds appropriated for the purpose of operating and administering the state psychiatric hospitals.

3. **Procedures/Mechanisms**

3.1. The SCRBHO, or its designee, authorizes access to residential, outpatient, and inpatient psychiatric and substance use disorder (SUD) services. The process for inpatient, withdrawal management, outpatient, and residential authorizations will be maintained within standards set forth in applicable policies and provider contracts.

3.2. The SCRBHO or its designee authorizes access to out-of-network provider services or other exception resource requests according to the behavioral health treatment needs identified in the screening or assessment, or as outlined in the individualized service/treatment plan for each individual.

3.3. When individuals are already enrolled in services with a Provider (Mental Health Care Professional (MHCP) or Chemical Dependency Professional (CDP)/Chemical Dependency Professional Trainee (CDPT), the Individuals will be assured there is coordinated continuity of care for those Individuals who have been receiving care in facilities, or from entities outside of their geographic service area, or are transferring their care to another provider either within or outside of the SCRBHO. The SCRBHO or designee may facilitate compliance with this requirement.

3.4. **Acceptance for Approved Treatment**

3.4.1. If possible an Individual shall be treated on a voluntary rather than an involuntary basis.

3.4.2. An Individual shall be initially assigned or transferred to outpatient treatment, unless he or she is found to require residential treatment.

3.4.3. An Individual shall not be denied treatment solely because he or she has withdrawn from treatment against medical advice on a prior occasion or because he or she has relapsed after earlier treatment.

3.4.4. An individualized treatment plan shall be prepared and maintained on a current basis for each Individual.

3.4.5. Provision shall be made for a continuum of coordinated treatment services, so that an Individual who leaves a facility or a form of treatment will have treatment available.

4. **Monitoring**

4.1. This policy will be monitored through internal performance indicators, the annual monitoring of the SCRBHO contracted Administrative Service Organization (ASO) that provides resource management, and the contracted provider monitoring, with the appropriate recommendations, findings and/or corrective actions required.