

JANUARY 2018



SPOKANE COUNTY
CHAPLAINCY
SERVICES



SPOKANE COUNTY SHERIFF'S OFFICE

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NEW YEAR, NEW GOALS

The New Year brings all kinds of excitement and promise. The getting together of friends, the parties, and the countdown. What is it that a lot of us seem to count down to? Maybe it's the idea that you have the ability to turn over a new leaf, a fresh start, to change something in your life. Do you have things you are looking to change? Have you set goals and resolutions for this next year?

It's exciting to think of all of the new possibilities, but sometimes, that can come with feelings of regret or being overwhelmed. The constant joy I find is in our Heavenly Father. In Deuteronomy 31:8 it says: "The LORD is the one who goes

ahead of you; He will be with you. He will not fail you or forsake you. Do not fear or be dismayed." And here is another promise found in Hebrews 13:8 "Jesus Christ is the same yesterday and today and forever."

I know that God is there consistently and constantly. And every single day, every hour, I have the ability to renew, or to change the things in my life that need to change. We don't have to wait for a new year. We don't have to countdown those last hours, minutes and seconds. God is already there, waiting. All we have to do is ask - Ask Him to take what it is that we no longer want to carry, and to walk alongside us as we change

directions in our path. What an amazing promise. Every day is a new chance. Let's focus on each new day, walking in the direction we hope to go, one step at a time.

I know that's what we, as your Chaplains, will be doing. We hope to continue bettering ourselves and this Chaplaincy to serve each of you to the best of our ability. We look forward to working alongside, and serving you in every way we can. If you ever have a need, a question, anything at all, we are here.

Happy New Year and may all of you be exceedingly blessed!

-Chaplain Mark Smith