



American Red Cross

BLENDING LEARNING WATER SAFETY INSTRUCTOR

PURPOSE: The purpose of the American Red Cross Water Safety Instructor Course is to provide instructor candidates with the skills needed to teach courses and make presentations to swimmers of every age and ability. Blended learning combines online learning with on-site skills sessions. Students are required to complete the online lessons prior to the corresponding on-site skills session. To complete the online lessons, students will need access to a computer and the internet. Upon successful completion of the course, instructor candidates receive the American Red Cross Water Safety Instructor (WSI) certification valid for 2 years.

COURSE PREREQUISITES: Candidates must be at least 16 years of age by the end of the course. One the first day of class, instructor candidates must successfully demonstrate the following skills:

- Swim the following strokes consistent with Level 4: Front Crawl, Back Crawl, Breaststroke, Elementary Backstroke, Sidestroke-25 yards. Butterfly-15 yards.
- Back float for 1 minute (floating or sculling)
- Tread water for 1 minute

CERTIFICATION REQUIREMENTS: To become certified as a Water Safety Instructor, instructor candidates must successfully complete all course prerequisites, attend and actively participate in all course sessions, demonstrate competency in all required skills and activities, and score a minimum of 80% on the final written exam.

SPECIAL NOTES: Instructor candidates should be prepared to be in the water for every class session. Please bring a swimming suit, goggles, a towel, dry clothes to change into and something to take notes on.

FEE: \$225.00 + \$37.00 Course Fee (Paid directly to the American Red Cross) + Water Safety Instructor's Manual and Swimming and Water Safety Manual. **Text books are required for the course! Candidates are required to have access to the text book throughout the course duration.** Text books may be purchased on the American Red Cross Store website at www.redcrossstore.org. Interested in employment with Spokane County?

Applicants may be eligible for a course fee waiver! Contact the Spokane County Parks, Recreation & Golf Department to learn more.

LOCATION: Spokane County's Northside Family Aquatics Facility, 801 E Handy Road Colbert, WA 99005

COURSE #1 DATES AND TIMES:

Monday, May 20th, 4:00 – 9:00pm
T/TH, May 21st & 23rd, 4:00 – 9:00pm
T/TH, May 28th & 30th, 4:00 – 9:00pm
Friday, May 31st, 4:00 – 7:00pm

COURSE #2 DATES AND TIMES:

M/T, June 3rd & 4th, 4:00 – 9:00pm
TH/F, June 6th & 7th, 4:00 – 9:00pm
Saturday, June 8th, 8:00 – 5:00pm

REGISTRATION: To register visit www.spokanecounty.org/parks and follow the Aquatic link.

CONTACT: For more information, please contact Spokane County Parks, Recreation & Golf Department at (509) 477-4730 or email us at recreation@spokanecounty.org.

