The Emergency Contact Card is an identification card that individuals will keep on them and use in the event of a disaster. The card provides first responders with key information on emergency contacts and critical health issues such as medication use, allergies, or pre-existing conditions. It may also have insurance information, and information on a meeting place for families in case they are separated in a disaster.

Reasons to carry an Emergency Contact Card at all times:

- A disaster may strike at any time.
- Disasters may take out power lines and cell lines may be down. It is important to have phone numbers of out-of-town emergency contacts.
- Everyone needs to be prepared and have their emergency information ready at any given moment.

Who should carry an Emergency Contact Card?

1. Children
2. Students
3. Commuters
4. People with Special Medical Needs
5. Elderly
Directions:
◊ Print out a card for every member of your household.
◊ Cut along the edge of the card.
◊ Fill out your emergency contact information.