

Household Prescription Drugs • Over the Counter Medications



Recommended Disposal of Drugs and Medications



Spokane County residents can throw prescription drugs and over-the-counter medications in the garbage. Please follow these guidelines prior to disposal:

- Remove medications from their original containers or remove personal information from the containers.
- For pills, add liquid to dissolve contents or mix with coffee grounds.
- For liquids, mix them with something inedible like cat litter, dirt or cayenne pepper.
- Place in another container that can be sealed with packing tape.
- Hide container in the trash.

Be safe, be smart. Medications should never be flushed down toilets or drains. They can contaminate our water supply, lakes, rivers and streams.

Other Options

Don't want to throw your medications in the garbage?
For the closest medication take back location to you, go to www.TakeBackYourMeds.org.

For more information, contact the
Recycling Hotline **477-6800** or go to
www.SpokaneCountySolidWaste.org



**Solid Waste
Disposal**