



## Repeat DUI Offender Lauds In-Custody Alcohol Treatment

### *Our Mission:*

Providing services for adult offenders to enhance public safety through effective and innovative programs supporting positive choices, constructive behavior and accountability, thereby reducing repeat criminal behavior.

### *Our Principals:*

- We believe change is possible, and it begins internally.
- We believe all people are equal and diverse individuals having intrinsic worth who deserve personal attention, support, humor, empowerment and recognition.
- We believe in creating a challenging environment that emphasizes individual growth, exploration and strength.
- We believe in being proactive participants in societal, environmental, political and individual change to promote a safer community.

As a DUI offender in 2013, Jennifer Smith participated in District Court Judge Donna Wilson's Intensive Supervision Therapeutic Court (ISTC), all the while continuing to build a successful small business with her husband and meeting regularly with District Court Probation Officer Hans Horstketter.

"I was fulfilling my court obligations, working and attending treatment. It proved too much, and in 2014 I relapsed, was released from ISTC and received a state-mandated sentence consisting of a long jail term followed by house arrest."



**Geiger IOP counselor Diane White (left) of New Horizon Care Centers reviews the release plan and treatment schedule with DUI offender Jennifer Smith. After release, Jennifer will continue Treatment with New Horizons while on Electronic Home Monitoring.**

Jennifer arrived at Geiger December 2014, requested admission into Geiger's Intensive Outpatient (IOP) Treatment program offered by New Horizon Care Centers, and has since been a group leader among the Geiger females working in the program.

Jennifer thinks IOP with New Horizon Treatment Counselor Diane White is a better program for her than the one she attended while living out in the community in 2013. "Looking at why I failed before and how I feel about my Treatment at Geiger, Diane's 'Commitment To Change' curriculum has given me a lot more confidence that I will succeed. Commitment to Change points to your flawed thinking patterns and gives you the tools to remain committed."

Jennifer explained that during her Treatment while living in the community, she felt a lot of pressure to maintain her daily routine. "That's not so this time. It was suggested that my relapse was depression-related from trying to do too much too soon. Here at Geiger, there are none of the other pressures of work and family. The only objective each day is to work on one's self. While we do have to deal with offenders not interested in change, there is a dorm room on the female floor where the Treatment offenders reside. Even some of the other females not involved in treatment will visit occasionally for temporary relief from the rest of the floor."

Geiger's IOP is comprised of three components: Commitment to Change, Moral Reconciliation Therapy (MRT) and Relapse Prevention. "MRT is huge for all the IOP clients at Geiger. It's a 12 step program, and step 3 is particularly difficult because it's all about acceptance and giving up control. You don't have any control at Geiger, and that was initially difficult for me to accept. I loved to be in control. I was on step 5 in 2013 when I relapsed. This time I was up to MRT step 10 when I was infractioned for having unauthorized coffee packets. Giving up control is important in achieving acceptance toward sobriety."

Jennifer will soon be released to Geiger's Electronic Home Monitoring program. "Geiger Case Manager Ron Cunningham will move me directly to the EHM program when I'm finished with jail. I'll be on the monitor for 100 days, and will continue Treatment and MRT at the New Horizon office."

Tougher new Washington State DUI laws mandate both jail time and EHM for repeat DUI offenders. "After that, I'll be on probation for 5 years." **(continued on page 2)**

## From Penalty Box To Pulpit, Pastor Green Fighting For Addiction Recovery

Geiger Corrections Center celebrated the graduation of its 33<sup>rd</sup> Breaking Barriers class on Dec. 3 with keynote speaker Pastor Danny Green telling the grads addiction recovery is a day-at-a-time challenge they'll face the rest of their lives. "Even after decades of sobriety, I consider myself as recovering, not recovered."

Green is now a local organizer and group leader of Celebrate Recovery, an addiction support group. He's also pastor at Family of Faith Community Church on West Grace in northwest Spokane. "I owe my recovery to Christ and to Pastor Bob Smith of Mt. Spokane Church. It was only with his love and help I was able to pull myself from addiction."

Danny Green grew up playing hockey in Spokane and earned the reputation as an on-ice brawler for the Spokane Flames and the Spokane Chiefs. As home-grown Spokane hockey players go, Danny is one of the few to ever play professionally.

He recalled his personal downward spiral of alcohol and cocaine consumed his life in the months following a car crash in Montana that claimed his brother. "My wife and kids left me because of the drinking, and had it not been for Pastor Bob, I likely wouldn't be here now. He inspired me to give my life to Christ, and I also discovered I could sing. Whatever God wanted with a drunken, brawling hockey player, I was ready. Two years after my wife left, I was able to prove to her I had changed, and our family was miraculously re-united."

He explained how Pastor Bob asked him to visit a small church to help with Celebrate Recovery—just for one week. "Although I was happy to be working with kids at the time, I was pleased to do it for Pastor Bob. Next week, he asked me again. Then again and again. That's been seven years, and during that time we've built the congregation from a handful to over 500, and moved into our new church at Grace and Maple."

Pastor Green explained Family of Faith Community Church is comprised of about 80 to 85 percent recovering addicts. "A lot of these people had tried other churches, and either they didn't relate to the message or may have not felt warmly welcomed. Whatever the reason, our twice weekly Celebrate Recovery gatherings grew from 20 to 100 to 200 and more. Everybody is a sinner, and we don't judge."

Pastor Green was ordained in 2008. "I know how difficult it is to kick an addiction, but Christ doesn't care about failure, only that we try again. He just keeps fixing us."

The Family of Faith Community Church, in conjunction with Celebrate Recovery, GSSAC, local treatment facilities and service organizations, is a supporter and organizer of the "Recovery Walk" held each October in Spokane. "Sheriff Knezovich is always there to show he believes in what we do, and his support means a lot to us. Next fall when you see a throng of people streaming along Division, give us a wave and a honk."



**Pastor Danny Green of Family of Faith Community Church in Spokane keynoted the 33<sup>rd</sup> Breaking Barriers at Geiger Corrections Center. Pastor Green estimates 80 to 85 percent of his congregation are in recovery from substance addiction.**

## Continues From Page 1—Repeat DUI Offender Excels In In-Custody Treatment

Jennifer attended AA meetings at Geiger, Bible Study held on the females' floor, and weekly worship services. "I'm excited to return to my church—Real Life Ministries in the Valley—which has a great Celebrate Recovery program. I was baptized there last summer."

Jennifer added that while her mother was a chronic alcoholic and her father wasn't a significant part of her life until later, her childhood wasn't particularly unhappy. "I grew up in Bothell and moved to Spokane while in high school. I'm very happily married and we have built a successful coffee and beverage supply business. The business is 12 years old and we service espresso stands, coffee shops and two casinos. We managed to survive the recession and are hoping to add a large amusement park as a client this year. My husband hired a person to help out while I'm in jail, and this time I'll ease back into work as I feel comfortable. This time there is no rush. My recovery and sobriety is my only objective. I'm fortunate to have had such great support from my husband, and from Diane, Ron and the Geiger staff. This has been much better than my treatment the first time around. Diane kept us on course and our Treatment group had really good dynamics."

## Geiger Center Work Crews Set 2015 Project Agenda

Geiger Work Crews are pointing to another busy year in assisting with community events, litter pick-up and central core beautification, reports Work Crew Supervisor Sgt. Jason Robison.

The mild winter and a relative absence of snow allowed crews to work roadway right of way litter control more in past winters. "For 2014 Geiger Work Crew inmates picked up a total of 257,000 pounds of litter, compared to 238,000 pounds in 2013," Sgt. Robison reported. "We'll be on the roadways again in 2015, working for the county and for the Washington State Department of Ecology."

Geiger Work Crews assisted in display setup and take-down of the first annual Spokane Winter Glow holiday displays at Riverfront Park. Sgt. Robison noted that all the comments were positive, and the event—directed by Hoopfest co-founder Jerry Schmidt—was a great experience for the Work Crew offenders. "It was neat to see the sense of accomplishment they gained from assisting with the displays, and they did a great job in very cold weather."

Sgt. Robison welcomes Corrections Officer Cruz Morales to the Work Crews this year. He'll begin training late this spring and assume his own crew this fall. "Officer Morales has been an excellent Corrections Officer and displays a lot of customer service skills that will be valuable on Work Crew."

Sgt. Robison explained that each of the seven Work Crew Officers supervises a Work Crew typically ranging from 7 to 11 inmates. "The past month we've completing a lot of pre-season equipment maintenance and repair, in addition to graffiti abatement and trash removal from the downtown freeway underpass area."

The year's first big community event for Work Crews is setup of the annual PNQ Volleyball Tournament, which runs the last two weekends of March at the Convention Center and EWU. This job is an all-day setup of 35 courts spanning the two venues.

Work Crews will begin work at the Fairgrounds and Indians baseball stadium later this month. And they look forward to continuing their work with Bloomsday (May 3), Hoopfest (June 27-28), Spike & Dig Volleyball (Aug. 1-2), Relay For Life and the Interstate Fair (Sept. 11-19).

The Inland Northwest Rail Museum has been busy constructing a rail car repair and public viewing structure this winter—the main building of their new museum site just west of Reardan. Sgt. Robison notes Work Crews helped move a lot equipment from the former site at the Fairgrounds, and they'll resume helping at the Reardan site as weather improves.



Geiger Corrections Center Work Crew inmates ready the Spokane Convention Center for the PNQ Volleyball event which takes place the last two weekends of March. They'll set and tear down 35 volleyball courts at the Convention Center and EWU.

## Geiger's Fulcrum Education Programs Honed For Greater Efficacy

Geiger Corrections Center offers a host of re-entry education programs, and many of those programs are presented in partnership with Fulcrum Institute Dispute Resolution Clinic.

Two programs have recently undergone re-mapping of curriculum with an eye toward better post-release outcomes.

"Job Skills and Anger Management classes are two critical elements that directly impact how successful offenders are at transitioning back to the community," explains Fulcrum instructor Rebecca Niles. "The ability to find work not only ensures income upon release, it also keep offenders focused on their responsibilities. Anger Management is especially critical for many offenders because disagreements are often the impetus for poor decision making. Frequently those arguments or disagreements are merely a function of miscommunication."

Anger Management has been a core class for transitioning offenders since Detention Services first partnered with Fulcrum to offer expanded re-entry education in 2012. Rebecca told that Anger Management previously was a 10-hour in-class curriculum with homework assignments. "Because Anger Management is critical in preventing recidivism and getting offenders to channel energy and talents into constructive personal growth, we've doubled the in-class requirements and instituted a review process that assures the offenders understand the concepts before starting the next lesson."

Job Skills is a 10-hour in-class curriculum to teach offenders how to find a job and keep it. Previously a portion of the class was spent helping offenders develop a resume they can use once they're released from jail. "What we've learned in discussion with local personnel managers supporting Fulcrum's Business Roundtable is that the ability to verbally express one's qualities in a professional manner is critical. We've re-structured Job Skills with less emphasis on the resume and more on being able to articulate your qualities and work experience. We also stress personal appearance, punctuality and demonstrating respect for both the employer and co-workers."

## Geiger Recidivism Trends Correlate To Treatment Re-Entry Skills

Geiger Treatment and Re-Entry Education programs are provided for one reason: to get offenders to stop committing new crimes. The time and resources Detention Services puts into these programs are aimed at exactly that, explained Geiger Lt. Joanne Lake. “To that end, we like to get a snapshot at how our programs are doing. Determining recidivism rates is difficult, as we don’t track out-of-county arrest records. However, tracking offenders re-arrest history in Spokane County gives us a gauge how successfully offenders meld back into the community.”

Lt. Lake noted the data below does not include re-incarceration for probation violations or re-sentencing on old charges. “We’re looking to stop these offenders from committing new crimes. The data excludes new arrests for vagrancy-type behavior, non-alcohol driving offenses, disorderly public conduct, civil warrants and failure to meet court-ordered Legal Financial Obligations. We’re looking for crimes that directly victimize. This includes all felonies, assaults, DUI offenses, theft-related arrests and all DV charges. We count the arrest and incarceration as a new offense. Sometimes you’ll see an agency calculate recidivism rates based only on convictions, but in trying to find trends, we feel arrests on new charges gives us a more accurate reflection of the offender’s behavior and the impact of these programs.”

Lt. Lake was pleased the 2013 Breaking Barriers classes showed better results. “I also see that Intensive Out-Patient Substance Treatment didn’t show as well for the first full year in 2013 as it did in 2012. This doesn’t necessarily indicate our Treatment program wasn’t as effective, but rather that we’re placing higher level offenders into the program. Also factoring in was that our Treatment funding became exhausted mid-2013 and IOP was suspended until the start of 2014, yet we decided to track them as a group anyway.”

Lt. Lake noted that the 2013 IOP recidivism trends—even though not as good as 2012—were 14% lower than those calculated for the control group. “The Washington State Institute of Public Policy (WSIPP) finds that effective substance treatment reduces recidivism between 4% and 9%. WSIPP has verified adult treatment during incarceration is more effective than treatment delivered in the community. Also, outpatient treatment for incarcerated adults has about the same effect as inpatient or intensive outpatient treatment. “

### Geiger Recidivism Trends For Those Released In 2012

Incarceration Group	Time frame 2012	Size of group	Felonies & Significant Misdemeanors	1-yr Recidivism (fel & sig misd.)	2-yr Recidivism (felonies & sig misd.)
IOP	2012	69	17	24.6%	39.1
B-1 (TX, W/R, Drug Court)	2012	210	72	34.3%	41.1
Fulcrum	2012	216	86	39.8%	60.2
Breaking Barriers	2012	139	56	40.3%	56.4
A-2 (Work Crew)	July 2012	144	63	43.8%	58.6
B-3 (SCJ overflow)-- <b>cntrl group</b>	July 2012	142	69	48.6%	62.5

Significant misdemeanors **exclude** DWLS, Liability Insurance, Seat Belt, sidewalk sitting, bus conduct. **DUI, DV, assault and all theft charges are significant misdemeanors.**

### Geiger Recidivism Trends For Those Released In 2013

Incarceration Group	Time frame 2013	Size of group	Felonies & Significant Misd.	1-yr Recidivism (fel & sig misd.)
IOP	2013	79	184	42.9%
Breaking Barriers	2013	138	42	30.4%
Fulcrum	2013	590	243	41.2%
A-2 (Work Crew)	July 2013	142	68	47.9%
B-3 (SCJ overflow)-- <b>cntrl group</b>	July 2013	167	82	49.1%

Significant misdemeanors **exclude** DWLS, Liability Insurance, Seat Belt, sidewalk sitting, bus conduct. **DUI, DV, assault and all theft charges are significant misdemeanors.**

Spokane County  
Detention Services  
Community  
Corrections Programs

Mailing Address:  
Geiger Corrections  
1100 W Mallon Ave  
Spokane WA 99260

Phone: 509-477-3259

Physical Address:  
\*3507 S Spotted Road  
Spokane WA 99224  
\*No mail delivery  
to this address

Geiger Corrections  
Center  
Lt. Joanne Lake

Programs Supervisor:  
Sgt. Jon Simbler

Work Crew Supervisor:  
Sgt. Jason Robison

Offender Programs  
Case Managers:  
Ron Cunningham  
Barb McGlothen

Program Officers:  
Zac Crawford  
Ray Gawenit

Staff Writer:  
Fred Peterson

We’re on the web:  
[www.spokanecounty.org/  
detentionservices](http://www.spokanecounty.org/detentionservices)

Newsletter questions  
or comments?  
Contact  
Tiffany Osborn  
Technical Asst. II  
tosborn@spokanecounty.org