

 <p>SPOKANE COUNTY Regional Support Network Prepaid Inpatient Health Plan</p>	Policy Title: Initial Service Plans/ Treatment Plans		Policy # CS-3
	Signature: Signature on file	Revised: 9/12/07	
	Christine Barada, Director Community Services, Housing and Community Development	Reviewed:	
	Signature Date: 9/12/07	Signing by authority of Res. No. 2007-0038	

Applies to:

Internal External

References

WAC 388-865-0425

Scope

SCRSN/PIHP and its contracted providers.

Policy

SCRSN/PIHP subcontracts shall comply with the relevant CFRs, WAC's and RCW's regarding initial service plans/treatment plans,

Procedures/Mechanisms

Community support service providers must provide consumers with an individual service plan that meets his or her unique needs. Individualized and tailored care is a planning process that may be used to develop a consumer-driven, strength-based, individual service plan.

The individual service plan must:

1. Be developed collaboratively with the consumer and other people identified by the consumer within thirty days of starting community support services. The service plan should be in language and terminology that is understandable to consumers and their family, and include goals that are measurable;
2. Address age, cultural, or disability issues of the consumer;
3. Include measurable goals for progress toward rehabilitation, recovery and reintegration into the mainstream of social, employment and educational choices, involving other systems when appropriate;
4. Demonstrate that the provider has worked with the consumer and others at the consumer's request to determine his/her needs in the following life domains:
 - 4.1 Housing;
 - 4.2 Food
 - 4.3 Income;
 - 4.4 Health and dental care;

- 4.5 Transportation;
 - 4.6 Work, school or other daily activities;
 - 4.7 Social life; and
 - 4.8 Referral services and assistance in obtaining supportive services appropriate to treatment, such as substance abuse treatment.
5. Document review by the person developing the plan and the consumer. If the person developing the plan is not a mental health professional, the plan must also document review by a mental health professional. If the person developing the plan is not a mental health specialist required per WAC [388-865-405\(5\)](#) there must also be documented consultation with the appropriate mental health specialist(s) when required.
 6. Document review and update at least every one hundred eighty days or more often at the request of the consumer or when clinically indicated.
 7. Be developed based on a bio-psychosocial assessment which is strength based, while addressing the clinical needs of the consumer.
 8. The individual service plan should be linked to specific, measurable and reasonable goals in collaboration with the consumer with estimated time frames for review or completion.
 9. The intent of treatment is to restore the individual to their previous level of adaptive functioning or to highest level of functioning which the person can maintain.

Monitoring

This policy will be monitored through the annual contracted provider monitoring, with the appropriate recommendations, findings and/or corrective actions required in performance improvement projects.

References

Level of Care Policy
Washington State Level of Care guidelines